

GHAC Track & Field Meet
Mohawk Sports Park
May 21 & 22, 2014
Results

Women 100 Meter Dash Midget**16 Advance: Top 1 Each Heat plus Next 4 Best Times**

Name	Year	School	Prelims	H#
Preliminaries				
1 Taja McLean		Blakelock	13.04Q	9
2 Angelique Attebi		Cardinal Newman	13.38Q	11
3 Melissa Grant		St. Thomas More	13.49Q	10
4 Emma Maltais		Nelson	13.60Q	1
5 Aimee Raithby		Burlington Central	13.65Q	6 13.649
5 Emma Verbruggen		Bishop Tonnos	13.65Q	5 13.649
7 Jessica Town		Nelson	13.70Q	3
8 Claire Gormley		Christ the King	13.90Q	12
9 Tessa O'Brien		St. Mary's	14.10Q	2
10 Paulina Rudziak		Bishop Tonnos	14.27Q	7
11 Jana Mandic		Garth Webb	14.45Q	8
12 Alyssa Criminisi		Cathedral	14.49Q	4
13 Julia Hamilin		Aquinas	13.93q	12
14 Daejah Bennett		St. Thomas More	13.95q	11
15 Laura Ellis		Nelson	14.06q	11
16 Shanise Ryan		Dr Frank J H	14.16q	6
17 Rachelle Vassell		Jean Vanier	14.23	5
18 Phoebe Bugash		Cathedral	14.24	12
19 Mickayla Parro		Blakelock	14.26	1
20 Corrina Santucci		Bishop Tonnos	14.31	6
21 Amanda Morielli		Aquinas	14.34	2
22 Sarah Thompson		Bishop Ryan	14.36	5
23 Smitha Korah		Bishop Tonnos	14.37	2
24 Chantal Whittingham		Abbey Park	14.44	10 14.433
25 Allie McAllister		Garth Webb	14.44	6 14.435
26 Jaclyn Meilach		Georgetown	14.51	7 14.502
27 Ellen McGee		Oakville Trafalgar	14.51	7 14.510
28 Trioana Claxton		Brebeuf	14.52	10
29 Fabi Diaz		Loyola	14.56	12 14.552
30 Jade Shaw		Pearson	14.56	10 14.557
31 Kia Skeete		Garth Webb	14.58	5
32 Krista Hack		Georgetown	14.60	1
33 Emily Bergsma		Kings Christian	14.63	1
34 Alex Verboom		Bishop Ryan	14.66	12 14.660
34 Katherine Peel		Christ the King	14.66	6 14.660
36 Victoria Rideout		Garth Webb	14.67	2
37 Stephanie Amoah		St. Thomas More	14.68	8
38 Hannah Schmidt		Blakelock	14.69	8
39 Emma Haugrud		Oakville Trafalgar	14.70	3 14.700
39 Sarah McCabe		Blakelock	14.70	3 14.700
41 Adrianna Williams		Garth Webb	14.75	11
42 Jekyla Reid		Cardinal Newman	14.84	4
43 Eve Cooney		Cardinal Newman	14.88	12
44 Heather Adjei		Brebeuf	14.90	5 14.896
45 Julia Duggan		Christ the King	14.90	3 14.900
46 Tia Rodney		Dr Frank J H	14.94	12
47 Lydia Lauzon		Aldershot	14.96	11
48 Tele Fagbure		Jean Vanier	14.97	10
49 Chloe Page		St. Thomas More	15.02	7
50 Danielle Martin		Notre Dame	15.08	10

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51 Alex Kells	Dr Frank J H	15.13	7
52 Kimmy Henderson	Georgetown	15.23	9
53 Alida Bonomo	Cardinal Newman	15.28	6 15.275
54 Nyota Kabika	Loyola	15.28	4 15.279
55 Victoria Swinhoe	Iroquois Ridge	15.31	5
56 Jeanelle Carty	Corpus Christi	15.36	1 15.357
57 Shelby Corbett	Milton	15.36	7 15.360
58 Devon D\'Orazio	Georgetown	15.37	5
59 Oriana Harris	Milton	15.43	1
60 Amber Morrison	Iroquois Ridge	15.58	11
61 Judith Jaison	craig kielbu	15.59	9
62 Thalia Lusterio	Loyola	15.63	8
63 McKenna Hughes	Notre Dame	15.70	4 15.691
64 Kate Jung	Iroquois Ridge	15.70	3 15.700
65 Leanne Young	Notre Dame	15.84	11 15.836
66 Sarah Molnar	Assumption	15.84	2 15.839
67 Kayla Willett	Acton	16.00	3
68 Emily Shapira	Pearson	16.01	11
69 Angela Ojo	Brebeuf	16.06	6
70 Manuela Torres	Cardinal Newman	16.07	10
71 Alysia Powell	Holy Trinity	16.34	9
72 Jessie Rumsey	Pearson	16.38	2
73 Felicity Hauwert	Assumption	16.41	8
74 Izzy Rotsaert	Aldershot	16.52	9
75 Isabel Molinaro	Oakville Trafalgar	17.12	1
76 Emily-Ann Talizzese	Oakville Trafalgar	17.15	5
77 Hannah Martin	Assumption	17.28	12
78 Laeyanndra MacPherson	Bishop Reding	17.83	8
79 Natasha Dabbs	Pearson	18.27	4
80 Omalayo Sanyaolu	Bishop Tonnos	19.27	8
81 Hana Elsammak	Iroquois Ridge	19.30	6
82 Victoria Azevedo	Iroquois Ridge	20.92	10

Women 100 Meter Dash Midget

8 Advance: Top 3 Each Heat plus Next 2 Best Times

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Name	Year School	Semis	H#
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Semi-Finals

1 Taja McLean	Blakelock	13.26Q	2
2 Melissa Grant	St. Thomas More	13.38Q	1
3 Emma Maltais	Nelson	13.43Q	2
4 Aimee Raithby	Burlington Central	13.52Q	1
5 Daejah Bennett	St. Thomas More	13.66Q	1
6 Claire Gormley	Christ the King	14.14Q	2
7 Jessica Town	Nelson	13.76q	1
8 Angelique Attebi	Cardinal Newman	13.81q	1
9 Laura Ellis	Nelson	13.97	1
10 Emma Verbruggen	Bishop Tonnos	14.23	2 14.228
11 Paulina Rudziak	Bishop Tonnos	14.23	1 14.229
12 Tessa O\'Brien	St. Mary's	14.27	2
13 Julia Hamilin	Aquinas	14.34	2
14 Jana Mandic	Garth Webb	14.42	1 14.413
15 Shanise Ryan	Dr Frank J H	14.42	2 14.414

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....Women 100 Meter Dash Midget

16 Alyssa Criminisi	Cathedral	14.59	2
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Women 100 Meter Dash Midget

Name	Year	School	Finals	
Finals				
1 Taja McLean		Blakelock	12.86	
2 Emma Maltais		Nelson	13.12	
3 Angelique Attebi		Cardinal Newman	13.29	
4 Melissa Grant		St. Thomas More	13.38	
5 Aimee Raithby		Burlington Central	13.50	13.492
6 Daejah Bennett		St. Thomas More	13.50	13.498
7 Jessica Town		Nelson	13.57	
8 Claire Gormley		Christ the King	13.69	

Women 200 Meter Dash Midget**16 Advance: Top 1 Each Heat plus Next 8 Best Times**

Name	Year	School	Prelims	H#
Preliminaries				
1 Taja McLean		Blakelock	27.17Q	6
2 Sarah Thompson		Bishop Ryan	29.02Q	3
3 Kissiah Griffiths		Blakelock	29.16Q	8
4 Rebecca DeWilde		Bishop Ryan	29.57Q	7
5 Charlie Schell		Garth Webb	29.62Q	4
6 Ivana Alilovic		Christ the King	29.79Q	1
7 Alyssa Criminisi		Cathedral	29.91Q	5
8 Allie McAllister		Garth Webb	30.63Q	2
9 Emma Maltais		Nelson	28.44q	6
10 Julia Hamilin		Aquinas	29.19q	3
11 Tessa O'Brien		St. Mary's	29.38q	3
12 Paulina Rudziak		Bishop Tonnos	29.73q	8
13 Ellen McGee		Oakville Trafalgar	29.87q	8
14 Chantal Whittingham		Abbey Park	30.05q	7
15 Mickayla Parro		Blakelock	30.08q	1
16 Lindsay Pecyna		Brebeuf	30.12q	7
17 Daejah Bennett		St. Thomas More	30.38	4
18 Eve Cooney		Cardinal Newman	30.67	1
19 Lydia Lauzon		Aldershot	30.85	1
20 Jaclyn Meilach		Georgetown	31.05	5
21 Alex Verboom		Bishop Ryan	31.06	6
22 Tele Fagbure		Jean Vanier	31.24	7
23 Gillian Dirkson		Garth Webb	31.35	5
24 Krista Hack		Georgetown	31.60	4
25 Hana Elsammak		Iroquois Ridge	31.70	6
26 Angela Pecyna		Brebeuf	31.88	2
27 Titi Huynh		Blakelock	31.96	5
28 Julia Killin		Dr Frank J H	32.08	4
29 Kimmy Henderson		Georgetown	32.16	1
30 Kaitlyn Kersley		Bishop Ryan	32.18	2
31 Emily Shapira		Pearson	32.81	1
32 Devon D'Orazio		Georgetown	32.82	6

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33	Kayla Willett	Acton	33.21	1
34	Delleana Page	Cathedral	33.41	8
35	Jessy Rumsey	Pearson	34.56	5
36	Jordan Gunter	Georgetown	34.68	7
37	Surina Sangha	Iroquois Ridge	34.87	4
38	Julia Medvedyuk	Garth Webb	35.13	8
39	Meghan Norris	Dr Frank J H	35.20	6
40	Kiara Karim	Dr Frank J H	35.25	2
41	Victoria Azevedo	Iroquois Ridge	35.68	8
42	Isabel Molinaro	Oakville Trafalgar	35.73	4
43	Abi Arabia	Dr Frank J H	36.01	3
44	Aysha Rizwan	Dr Frank J H	36.38	7
45	Natasha Dabbs	Pearson	40.66	4
46	Lisa Mochrie	Pearson	40.83	3

Women 200 Meter Dash Midget**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Name	Year	School	Semis	H#
Semi-Finals				
1	Taja McLean	Blakelock	27.49Q	2
2	Julia Hamilin	Aquinas	29.22Q	1
3	Emma Maltais	Nelson	29.19Q	2
4	Sarah Thompson	Bishop Ryan	29.35Q	1
5	Kissiah Griffiths	Blakelock	29.51Q	1
6	Charlie Schell	Garth Webb	29.76Q	2
7	Paulina Rudziak	Bishop Tonnos	29.78q	2
8	Mickayla Parro	Blakelock	29.80q	1
9	Ellen McGee	Oakville Trafalgar	29.81	2
10	Tessa O'Brien	St. Mary's	29.90	1
11	Lindsay Pecyna	Brebeuf	30.32	2
12	Chantal Whittingham	Abbey Park	30.33	1
13	Alyssa Criminisi	Cathedral	30.36	1
14	Ivana Alilovic	Christ the King	30.44	1
15	Rebecca DeWilde	Bishop Ryan	30.71	2
16	Allie McAllister	Garth Webb	31.21	2

Women 200 Meter Dash Midget

Name	Year	School	Finals
Finals			
1	Taja McLean	Blakelock	27.73
2	Emma Maltais	Nelson	29.31
3	Kissiah Griffiths	Blakelock	29.60
4	Julia Hamilin	Aquinas	29.62
5	Sarah Thompson	Bishop Ryan	29.65
6	Paulina Rudziak	Bishop Tonnos	30.38
7	Mickayla Parro	Blakelock	30.87
8	Charlie Schell	Garth Webb	31.00

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Women 400 Meter Dash Midget

Name	Year School	Finals	H#
1 Molly Giannone	St. Mary's	1:05.18	4
2 Charlie Schell	Garth Webb	1:06.13	4
3 Kiera Morton	Nelson	1:07.20	4
4 Lindsay Pecyna	Brebeuf	1:08.17	4
5 Rebecca DeWilde	Bishop Ryan	1:08.60	2
6 Alexandra Vacca	Bishop Tonnos	1:08.82	4
7 Mikayla Broome	Bishop Ryan	1:09.32	2
8 Victoria Rideout	Garth Webb	1:10.03	3
9 Gillian Dirkson	Garth Webb	1:10.56	3
10 Allison Sippel	Georgetown	1:10.89	4
11 Vanessa Payne	Cardinal Newman	1:11.93	2
12 Victoria Mauricio	Cardinal Newman	1:12.59	1
13 Olivia Browning	Dr Frank J H	1:13.06	3
14 Julia Killin	Dr Frank J H	1:13.60	2
15 Sydney Enns	Milton	1:14.29	4
16 Miranda Daniels	Cardinal Newman	1:15.69	2
17 Kate Jung	Iroquois Ridge	1:16.88	2
18 Ariana Spytzkowsky	Cardinal Newman	1:16.89	1
19 Kelly Lin	Iroquois Ridge	1:18.37	3
20 Kayla Willett	Acton	1:18.84	1
21 Alexsia Maratin	Bishop Tonnos	1:20.21	2
22 Surina Sangha	Iroquois Ridge	1:20.62	1
23 Ashley Girgis	Dr Frank J H	1:20.89	1
24 Anila Matthew	St. Thomas More	1:22.86	3
25 Abi Arabia	Dr Frank J H	1:26.56	3

Women 800 Meter Run Midget

Name	Year School	Finals	H#
1 Meghan Sippel	Georgetown	2:33.39	2
2 Alexandra Vacca	Bishop Tonnos	2:34.59	2
3 Marlena Mazza	Cardinal Newman	2:34.76	1
4 Stefanie Parsons	Christ the King	2:38.28	2
5 Erica Kingsley	Nelson	2:40.53	1
6 Lucy Pennyfather	Oakville Trafalgar	2:40.78	1
7 Natalia Mielczarek	Brebeuf	2:41.83	2
8 Nicole Sobolewski	Bishop Tonnos	2:42.37	1
9 Nikki Butani	Kings Christian	2:46.26	2
10 Adan Amer	St. Thomas More	2:49.91	2
11 Emma Haugrud	Oakville Trafalgar	2:55.38	1
12 Allie Holmes	Corpus Christi	2:57.71	1
13 Melissa Ignaczak	Nelson	2:58.16	1
14 Kelly Harrison	Aldershot	3:00.20	1
15 Moa Sjoberg	Blakelock	3:00.81	2
16 Olivia Browning	Dr Frank J H	3:00.86	2
17 Miranda Daniels	Cardinal Newman	3:01.13	1
18 Kelly Lin	Iroquois Ridge	3:02.07	1
19 Anila Matthew	St. Thomas More	3:03.94	2
20 Jinny Won	Notre Dame	3:13.39	2
21 Ariana Spytzkowsky	Cardinal Newman	3:14.90	1
22 Alexsia Martin	Bishop Tonnos	3:15.30	2

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....Women 800 Meter Run Midget

23	Jordan Gunter	Georgetown	3:24.90	2
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Women 1500 Meter Run Midget

Name	Year	School	Finals	H#
1	Meghan Sippel	Georgetown	5:12.10	2
2	Marlena Mazza	Cardinal Newman	5:15.96	1
3	Stefanie Parsons	Christ the King	5:30.07	1
4	Allison Sippel	Georgetown	5:31.66	2
5	Kristin Gallant	Bishop Reding	5:34.43	2
6	Julia McKenna	Bishop Reding	5:35.74	2
7	Adan Amer	St. Thomas More	5:39.44	2
8	Nicole Sobolewski	Bishop Tonnos	5:42.25	1
9	Mikaela Gray	Aquinas	5:46.35	2
10	Danielle Lysak	Loyola	5:47.70	2
11	Lucy Pennyfather	Oakville Trafalgar	5:48.94	1
12	Lucy He	Oakville Trafalgar	5:49.64	1
13	Nikki Butani	Kings Christian	5:51.74	2
14	Allie Holmes	Corpus Christi	5:57.77	1
15	Kelly Lin	Iroquois Ridge	6:20.65	1
16	Claire Hillis	Oakville Trafalgar	6:36.32	1
--	Moa Sjoberg	Blakelock	DNF	2

Women 3000 Meter Run Midget

Name	Year	School	Finals
1	Meghan Sippel	Georgetown	11:22.70
2	Julia McKenna	Bishop Reding	12:04.54
3	Allison Sippel	Georgetown	12:05.44
4	Stefanie Parsons	Christ the King	12:18.99
5	Lucy Pennyfather	Oakville Trafalgar	12:24.69
6	Danielle Lysak	Loyola	12:40.06
7	Adan Amer	St. Thomas More	12:41.56
8	Nikki Butani	Kings Christian	12:52.24
9	Moa Sjoberg	Blakelock	13:38.70

Women 80 Meter Hurdles Midget

Name	Year	School	Finals	H#
1	Kissiah Griffiths	Blakelock	13.92	4
2	Aimee Raithby	Burlington Central	14.54	4
3	Alex Thayer	Oakville Trafalgar	14.96	1
4	Adrianna Williams	Garth Webb	15.25	4
5	Ellen McGee	Oakville Trafalgar	15.43	2
6	Connie Drennan	Blakelock	15.45	4
7	Karolina Chorobik	Jean Vanier	15.67	4
8	Nicole Mayer	Brebeuf	15.71	3
9	Jessica Ico	Bishop Tonnos	15.75	2
10	Emma Verbruggen	Bishop Tonnos	15.77	2
11	Emma MacDonald	Iroquois Ridge	15.98	1
12	Alex Marazzato	Milton	16.28	4

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....Women 80 Meter Hurdles Midget

13	Omalayo Sanyaolu	Bishop Tonnos	16.47	1
14	Oriana Harris	Milton	16.58	3
15	Sydney Enns	Milton	16.63	3
16	Sarah McCabe	Blakelock	16.71	4
17	Natalia Mielczarek	Brebeuf	17.06	3
18	Leanne Young	Notre Dame	17.21	3
19	Victoria Pancucci	Bishop Ryan	17.27	2
20	Shamonique Dockery	Brebeuf	17.40	4
21	Amber Morrison	Iroquois Ridge	17.45	1
22	Cassandra Baird	Brebeuf	17.56	3
23	Mackenzie Hsu	Iroquois Ridge	17.59	1
24	Eden Niezurawski	Garth Webb	18.03	3
25	Natalie Woodland	Milton	18.27	3
26	Mikayla Broome	Bishop Ryan	18.45	2
27	Polly Wynn	Oakville Trafalgar	18.62	2
28	Kerry Mason	Iroquois Ridge	19.77	2
--	Helena Hashimoto	Bishop Ryan	FS	1

Women 300 Meter Hurdles Midget

Name	Year School	Finals	H#
1	Molly Giannone	St. Mary's	51.30 3
2	Kristin Gallant	Bishop Reding	51.42 3
3	Mikayla Broome	Bishop Ryan	53.53 2
4	Connie Drennan	Blakelock	53.58 3
5	Jana Mandic	Garth Webb	53.67 3
6	Adrianna Williams	Garth Webb	54.03 3
7	Samantha Price	Bishop Reding	56.93 3
8	Christina Ward	Loyola	57.39 3
9	Sydney Enns	Milton	57.53 3
10	Cassandra Baird	Brebeuf	57.77 2
11	Eden Niezurawski	Garth Webb	57.77 2
12	Peyton Donnelly-Lowe	Dr Frank J H	58.09 1
13	Lindsay Pecyna	Brebeuf	59.10 2
14	Nicole Mayer	Brebeuf	59.12 2
15	Famke Alberts	Georgetown	1:00.21 1
16	Angela Pecyna	Brebeuf	1:01.53 2
17	Kia Skeete	Garth Webb	1:01.53 1
18	Natalia Mielczarek	Brebeuf	1:02.27 2
19	Rebecca Miller	Assumption	1:03.29 1
20	Jinny Won	Notre Dame	1:07.21 2
21	Felicity Hauwert	Assumption	1:09.42 1

Women 4x100 Meter Relay Midget

School	Finals	H#
1	Nelson 'A'	52.98 3
2	Brebeuf 'A'	55.86 2
3	St. Thomas More 'A'	55.96 3
4	Bishop Ryan 'A'	56.21 3
5	Garth Webb 'A'	56.48 3
6	Blakelock 'A'	56.67 3

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....Women 4x100 Meter Relay Midget

7	Christ the King 'A'	56.88	2
8	Cardinal Newman 'A'	57.21	1
9	Loyola 'A'	57.69	3
10	Dr Frank J Hayden SS 'A'	57.84	3
11	Cathedral 'A'	57.86	2
12	Oakville Trafalgar 'A'	57.96	1
13	Georgetown 'A'	58.80	3
14	Iroquois Ridge 'A'	59.16	2
15	Bishop Tonnos 'A'	59.69	2
16	Milton 'A'	1:00.80	2
17	Notre Dame 'A'	1:01.00	2
18	Aldershot 'A'	1:01.56	2
19	Assumption 'A'	1:01.63	1
20	Pearson 'A'	1:03.04	1
21	Corpus Christi 'A'	1:03.61	1

Women High Jump Midget

Name	Year	School	Finals
1 Kissiah Griffiths		Blakelock	1.30m
1.15 1.20 1.25 1.30 1.35			
O O O O XXX			
2 Victoria Pancucci		Bishop Ryan	J1.30m
1.15 1.20 1.25 1.30 1.35			
XO O O XO XXX			
3 Shamonique Dockery		Brebeuf	J1.30m
1.15 1.20 1.25 1.30 1.35			
XO XO O XO XXX			
4 Rebecca DeWilde		Bishop Ryan	1.25m
1.15 1.20 1.25 1.30			
O XO O XXX			

Women Long Jump Midget

Name	Year	School	Finals
1 Ivana Alilovic		Christ the King	4.36m
4.33m 4.18m 4.36m 4.28m 3.91m 4.30m			
2 Rachelle Vassell		Jean Vanier	4.32m
FOUL 3.41m 3.93m 4.18m 4.32m 3.78m			
3 Aimee Raithby		Burlington Central	4.20m
FOUL 3.91m 3.85m 4.20m 3.99m 3.68m			
4 Stephany Gonzales		Cardinal Newman	J4.20m
3.78m 3.94m 3.98m 4.20m FOUL FOUL			
5 Tele Fagbure		Jean Vanier	4.10m
3.89m 3.55m FOUL 3.98m 3.45m 4.10m			
6 Mickayla Parro		Blakelock	3.94m
3.79m 3.70m 3.84m FOUL 3.94m 3.91m			
7 Jessica Samson		Kings Christian	3.93m
3.75m 3.93m 3.79m FOUL FOUL 3.78m			
8 Samantha Price		Bishop Reding	3.82m
3.82m FOUL FOUL FOUL 3.68m 3.60m			

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....Women Long Jump Midget

9	Famke Alberts	Georgetown	3.80m
	3.80m 3.80m FOUL		
10	Juliana Roberston	Bishop Ryan	3.79m
	FOUL 3.50m 3.79m		
11	Kia Skeete	Garth Webb	3.76m
	FOUL 3.47m 3.76m		
12	Emma Seese	Loyola	3.73m
	FOUL 3.60m 3.73m		
13	Samantha Poulin	Blakelock	3.71m
	3.60m 3.71m FOUL		
14	Angela Pecyna	Brebeuf	3.69m
	3.69m 3.39m 3.45m		
15	Trioana Claxton	Brebeuf	J3.69m
	3.43m FOUL 3.69m		
16	Connie Drennan	Blakelock	J3.69m
	3.40m FOUL 3.69m		
17	Alex Marazzato	Milton	3.63m
	3.21m 3.60m 3.63m		
18	Shannon Jickling	Christ the King	J3.63m
	3.63m 3.52m 3.44m		
19	Sarah Laurysen	Christ the King	J3.63m
	3.41m 3.46m 3.63m		
20	Kelly Harrison	Aldershot	J3.63m
	3.21m 3.45m 3.63m		
21	Kaitlyn Kersley	Bishop Ryan	3.60m
	3.60m 3.46m PASS		
22	Krista Hack	Georgetown	3.59m
	3.50m 3.59m 3.51m		
23	Jaclyn Meilach	Georgetown	J3.59m
	3.21m PASS 3.59m		
24	Julia Duggan	Christ the King	J3.59m
	3.59m PASS PASS		
25	Kate Ceci	Brebeuf	3.58m
	3.04m PASS 3.58m		
26	Lydia Lauzon	Aldershot	3.50m
	FOUL 3.45m 3.50m		
27	Danielle Martins	Blakelock	3.48m
	3.48m PASS PASS		
28	Anish Marwaha	Garth Webb	3.47m
	3.29m PASS 3.47m		
29	Kaley Kaukinen	Assumption	3.40m
	3.40m FOUL 3.40m		
30	Sarah McCabe	Blakelock	3.08m
	3.08m PASS PASS		
31	Allie Holmes	Corpus Christi	2.99m
	2.99m FOUL PASS		
32	Jazzmine Gabert	Garth Webb	2.91m
	2.91m PASS PASS		
33	Hannah Martin	Assumption	2.90m
	2.90m PASS PASS		
34	Alexandra Degroot	Nelson	2.88m
	2.88m PASS PASS		
35	Maya Stapleton	Aldershot	2.84m
	2.84m FOUL PASS		

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....Women Long Jump Midget

36	Laeyanndra MacPherson	Bishop Reding	2.49m
	2.49m PASS PASS		
37	Felicity Hauwert	Assumption	1.75m
	1.75m FOUL PASS		
--	Meghan Norris	Dr Frank J H	FOUL
	FOUL PASS FOUL		
--	Julia Trolio	Corpus Christi	FOUL
	FOUL PASS PASS		

Women Triple Jump Midget

Name	Year	School	Finals
1 Famke Alberts		Georgetown	9.28m
	9.07m FOUL 8.43m 8.92m	9.28m 9.19m	
2 Emily Bergsma		Kings Christian	8.94m
	8.31m 8.51m 8.63m 8.94m	8.84m 8.69m	
3 Jana Mandic		Garth Webb	8.86m
	8.27m 8.59m 8.80m 8.13m	8.86m 8.06m	
4 Julia Duggan		Christ the King	8.84m
	8.43m 8.64m 8.84m FOUL	7.90m 7.65m	
5 Kristin Gallant		Bishop Reding	8.68m
	FOUL 8.50m 8.51m 8.68m	8.20m 8.53m	
6 Samantha Price		Bishop Reding	8.59m
	8.55m 8.14m 8.19m 8.56m	8.51m 8.59m	
7 Alida Bonomo		Cardinal Newman	8.56m
	8.24m 8.16m 8.12m 8.38m	8.56m 8.49m	
8 Titi Huynh		Blakelock	8.32m
	FOUL 8.14m 8.24m 7.94m	8.08m 8.32m	
9 Kelly Harrison		Aldershot	8.09m
	7.49m 8.09m 8.00m		
10 Sarah Laurysen		Christ the King	7.96m
	7.85m 7.96m 7.58m		
11 Shamonique Dockery		Brebeuf	7.94m
	FOUL FOUL 7.94m		
12 Juliana Roberston		Bishop Ryan	7.91m
	FOUL 7.91m 7.23m		
13 Devon D\Orazio		Georgetown	7.89m
	7.25m 7.89m 6.84m		
14 Erica Kingsley		Nelson	7.88m
	FOUL 7.88m 7.82m		
15 Hannah Schmidt		Blakelock	7.87m
	7.36m 7.80m 7.87m		
16 Alex Marazzato		Milton	7.78m
	7.69m 7.78m 7.77m		
17 Leanne Young		Notre Dame	7.76m
	7.09m 7.76m 7.09m		
18 Olivia Hill-Hanlan		Milton	7.33m
	7.33m FOUL PASS		
19 Cassandra Baird		Brebeuf	7.20m
	6.71m FOUL 7.20m		
20 Kimmy Henderson		Georgetown	6.52m
	FOUL 6.52m 6.28m		

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....Women Triple Jump Midget

21	Rebecca Miller	Assumption	6.23m
	6.23m FOUL FOUL		
22	Maya Stapleton	Aldershot	5.95m
	5.77m 5.95m 5.92m		
23	Izzy Rotsaert	Aldershot	5.89m
	FOUL 5.89m FOUL		
24	Yuri Moreno	Bishop Ryan	5.49m
	5.49m FOUL FOUL		

Women Shot Put Midget

Name	Year	School	Finals
1 Maddy Carrigan		Bishop Tonnos	8.74m
	8.55m 8.26m 8.45m 7.87m	8.74m 8.40m	
2 Shelby Amponsah		Brebeuf	7.35m
	6.69m 6.90m 6.56m 6.99m	6.58m 7.35m	
3 Nyemu Chirara		Bishop Tonnos	7.13m
	6.69m 5.84m 5.98m 6.81m	6.73m 7.13m	
4 Samantha Poulin		Blakelock	6.85m
	6.85m FOUL 6.01m 6.00m	PASS PASS	
5 Stephany Kulis		Assumption	6.69m
	FOUL FOUL 6.18m 6.69m	FOUL 6.62m	
6 Heather Adjei		Brebeuf	6.19m
	5.76m 6.19m 5.87m 5.36m	5.47m 5.71m	
7 Stephanie Demerjian		Brebeuf	5.80m
	5.77m FOUL FOUL FOUL	5.80m FOUL	
8 Sofiat Ajibowu		Jean Vanier	5.21m
	5.21m 5.15m 5.14m 4.72m	5.02m 5.00m	
9 Tionna Ford		Corpus Christi	4.86m
	FOUL FOUL 4.86m		
10 Elizabeth Abradjian		Bishop Tonnos	4.31m
	FOUL 4.16m 4.31m		

Women Discus Throw Midget

Name	Year	School	Finals
1 Shelby Amponsah		Brebeuf	23.84m
	20.23m 22.94m 23.84m	FOUL 18.79m 20.26m	
2 Kaley Kaukinen		Assumption	20.67m
	16.81m FOUL 18.52m 17.55m	19.47m 20.67m	
3 Sarah Molnar		Assumption	19.70m
	18.36m 16.78m 19.70m	16.05m 17.21m 18.67m	
4 Angela Ojo		Brebeuf	19.45m
	15.74m 17.29m 17.38m	19.45m 18.09m 16.97m	
5 Rebecca Miller		Assumption	16.70m
	16.38m 14.99m 16.55m	16.13m 15.20m 16.70m	
6 Izzy Rotsaert		Aldershot	15.95m
	FOUL 15.41m 15.05m	15.92m 15.56m 15.95m	
-- Stephany Kulis		Assumption	FOUL
	FOUL FOUL FOUL		

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Women Javelin Throw Midget

Name	Year	School	Finals
1 Maddy Carrigan		Bishop Tonnos	22.55m
	17.27m 20.22m 19.19m 19.32m 19.90m 22.55m		
2 Victoria Pancucci		Bishop Ryan	20.17m
	15.52m 14.97m 16.71m 16.15m 20.17m		
3 Stephanie Demerjian		Brebeuf	19.60m
	18.63m 17.93m 18.69m FOUL 19.60m FOUL		
4 Olivia Hill-Hanlan		Milton	17.44m
	13.09m 17.44m 14.94m 11.25m 16.06m 13.25m		
5 Alexandra Degroot		Nelson	16.67m
	16.52m FOUL FOUL 16.67m FOUL 16.43m		
6 Kate Ceci		Brebeuf	16.14m
	14.49m 13.79m 12.69m 13.08m 16.14m 12.64m		
7 Elizabeth Abradjian		Bishop Tonnos	15.90m
	14.61m 15.17m 15.90m 12.98m 14.08m 15.77m		
8 Stephany Kulis		Assumption	14.07m
	14.07m FOUL FOUL FOUL FOUL FOUL		
9 Kaley Kaukinen		Assumption	13.83m
	11.87m 13.03m 13.83m		
10 Christine Esposto		Brebeuf	13.00m
	9.58m 10.36m 13.00m		
11 Sofiat Ajibowu		Jean Vanier	9.38m
	8.57m 8.29m 9.38m		

Women 100 Meter Dash Junior**16 Advance: Top 1 Each Heat plus Next 7 Best Times**

Name	Year	School	Prelims	H#
Preliminaries				
1 Chante Burnett		Acton	12.88Q	6
2 Zaria Armstrong		Blakelock	12.92Q	9
3 Roshanna Baker		Garth Webb	13.34Q	1
4 Illicia Orr-Campbell		Burlington Central	13.47Q	2 13.464
5 Kitan Ademidun		Bishop Reding	13.47Q	5 13.466
6 Aden Eichenberg		Assumption	13.74Q	3
7 Reegan Taylor		White Oaks	13.95Q	7 13.948
8 Melissa Cipparone		Brebeuf	14.24Q	4
9 Kellian Gordan		Corpus Christi	14.47Q	8 14.470
10 Halle Bovel		St. Mary's	13.28q	6
11 Monica Ferreira		Bishop Tonnos	13.47q	6 13.462
12 Magee Bailey		Assumption	13.57q	9
13 Taylor Stubbart		Kings Christian	13.79q	3
14 Victoria Montgomery		Georgetown	13.90q	1
15 Monique Lazaruk		Holy Trinity	13.95q	1 13.946
16 Michelle Ferreira		Bishop Tonnos	13.97q	9
17 Amber Syme		White Oaks	14.01	2
18 Victoria Kay		Bishop Tonnos	14.06	2
19 Tendai Dodo		Milton	14.09	7
20 Deandra Klunder		Bishop Ryan	14.15	6
21 Lakiesha Norris		Jean Vanier	14.16	1
22 Melissa Acq		Holy Trinity	14.23	7
23 Quinn Anastas		Bateman	14.28	1

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....Women 100 Meter Dash Junior

24	Nicole Cimdamore	Bishop Ryan	14.30	3	
25	Ashaunta White	St. Thomas More	14.34	4	
26	Omotara Williams	St. Thomas More	14.35	5	
27	Kate Didiano	Aquinas	14.37	1	
28	Osasu Iginuan	St. Thomas More	14.41	6	14.406
29	Punchu Bavi	Dr Frank J H	14.41	4	14.407
30	Cailigh Workentin	Notre Dame	14.47	6	14.464
31	Rachel Perin	Brebeuf	14.56	7	
32	Lilly Leslie	St. Thomas More	14.59	8	
33	Alexa DiGennaro	Loyola	14.61	3	
34	Kayla Wilson	White Oaks	14.65	4	
35	Zariah Walker	Georgetown	14.70	9	
36	Mable Dunn	White Oaks	14.72	5	
37	Chrisa Pagonis	Dr Frank J H	14.79	8	
38	Jinelle Bobb	Jean Vanier	14.91	5	
39	Ciara Clancy	Abbey Park	15.03	5	
40	Chelsea Dixon	Bishop Reding	15.05	4	15.045
40	Erica Nicoletti	Bishop Ryan	15.05	5	15.045
42	Sara Shivaford	Cardinal Newman	15.12	3	
43	Celina Pasiecznik	Cardinal Newman	15.17	8	
44	Emily Fiorillo	Corpus Christi	15.28	4	
45	Cassey Tuck	Notre Dame	15.35	2	
46	Carla Arbelaez	Corpus Christi	15.37	9	15.363
47	Kayla Beraldo-Turner	Corpus Christi	15.37	7	15.370
48	Olivia Haynes	Iroquois Ridge	15.39	5	
49	Haley Hinds	Dr Frank J H	15.59	3	
50	Jamie Cochrane	Georgetown	15.72	8	
51	Julia Pasiecznik	Cardinal Newman	15.81	2	
52	Vanessa Uggenti	Cardinal Newman	16.01	6	
53	Liza Cui	Christ the King	16.48	1	
54	Maeve Crowne	Abbey Park	16.94	7	
55	Aliya Yousef	Abbey Park	17.57	6	

Women 100 Meter Dash Junior

8 Advance: Top 3 Each Heat plus Next 2 Best Times

=====				
Name	Year	School	Semis	H#
=====				
Semi-Finals				
1	Zaria	Armstrong	Blakelock	12.95Q 1
2	Chante	Burnett	Acton	13.14Q 2
3	Halle	Bovel	St. Mary's	13.21Q 1
4	Illicia	Orr-Campbell	Burlington Central	13.56Q 2
5	Roshanna	Baker	Garth Webb	13.44Q 1
6	Kitan	Ademidun	Bishop Reding	13.62Q 2
7	Magee	Bailey	Assumption	13.70q 2
8	Monica	Ferreira	Bishop Tonnos	13.80q 1
9	Aden	Eichenberg	Assumption	13.92 1
10	Victoria	Montgomery	Georgetown	14.07 1
11	Monique	Lazaruk	Holy Trinity	14.17 1
12	Michelle	Ferreira	Bishop Tonnos	14.25 2
13	Taylor	Stubbert	Kings Christian	14.40 2
14	Reegan	Taylor	White Oaks	14.41 1
15	Melissa	Cipparone	Brebeuf	14.45 2

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....Women 100 Meter Dash Junior

16 Kellian Gordan	Corpus Christi	14.82	2
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Women 100 Meter Dash Junior

Name	Year School	Finals
Finals		
1 Zaria Armstrong	Blakelock	12.50
2 Chante Burnett	Acton	12.61
3 Halle Bovel	St. Mary's	12.96
4 Illicia Orr-Campbell	Burlington Central	13.07
5 Roshanna Baker	Garth Webb	13.20
6 Magee Bailey	Assumption	13.31
7 Kitan Ademidun	Bishop Reding	13.38

Women 200 Meter Dash Junior**16 Advance: Top 1 Each Heat plus Next 9 Best Times**

Name	Year School	Prelims	H#
Preliminaries			
1 Chante Burnett	Acton	26.62Q	6
2 Halle Bovel	St. Mary's	27.09Q	3
3 Zaria Armstrong	Blakelock	27.13Q	7
4 Kiana Steinhauer	Loyola	27.76Q	1
5 Kitan Ademidun	Bishop Reding	27.84Q	2
6 Kelsey Gallant	Christ the King	28.61Q	5
7 Dray Campagna	Burlington Central	28.74Q	4
8 Roshanna Baker	Garth Webb	28.15q	7
9 Elexa Stolzer	Garth Webb	29.04q	4
10 Victoria Montgomery	Georgetown	29.10q	5
11 Monica Ferreira	Bishop Tonnos	29.21q	3
12 Taylor Stubbert	Kings Christian	29.30q	6
13 Victoria Kay	Bishop Tonnos	29.83q	7
14 Pamela Ampah	Brebeuf	29.88q	2
15 Melissa Cipparone	Brebeuf	29.94q	3
16 Mable Dunn	White Oaks	30.21q	2
17 Nicole Cimdamore	Bishop Ryan	30.31	6
18 Omotara Williams	St. Thomas More	30.37	7
19 Rachel Barca	Holy Trinity	30.64	5
20 Kellian Gordan	Corpus Christi	30.78	6
21 Kate Didiano	Aquinas	30.80	4
22 Reegan Taylor	White Oaks	30.99	1
23 Punchu Bavi	Dr Frank J H	31.23	4
24 Chantel French	Jean Vanier	31.27	1
25 Jinelle Bobb	Jean Vanier	31.37	2
26 Zariah Walker	Georgetown	31.39	4
27 Erica Nicoletti	Bishop Ryan	31.84	2
28 Reanna Knight	St. Thomas More	31.86	6
29 Ciara Clancy	Abbey Park	32.05	2
30 Elsa Ventura	Cardinal Newman	32.26	2
31 Amber Martin	Notre Dame	32.30	7
32 Megan Watt	Blakelock	32.33	6 32.323
33 Jeian Simbahon	Aquinas	32.33	5 32.329

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....Women 200 Meter Dash Junior

34	Haley Hinds	Dr Frank J H	32.39	3
35	Kemisha Gellizeau	Cathedral	32.69	3
36	Maria Mesa	Jean Vanier	33.27	3
37	Nicole Kaminski	Georgetown	33.73	1
38	Vanessa Uggenti	Cardinal Newman	34.24	5
39	Carina Nasturzio	Abbey Park	34.51	3
40	Margaret Boehner	Milton	36.08	2
41	Liv Trimble	Garth Webb	36.35	7
42	Maeve Crowne	Abbey Park	36.40	6
43	Aliya Yousef	Abbey Park	37.35	7

Women 200 Meter Dash Junior

8 Advance: Top 3 Each Heat plus Next 2 Best Times

Name	Year	School	Semis	H#
=====				
Semi-Finals				
1	Chante	Burnett	Acton	26.92Q 2
2	Halle	Bovel	St. Mary's	27.37Q 1
3	Zaria	Armstrong	Blakelock	27.56Q 1
4	Kitan	Ademidun	Bishop Reding	28.18Q 2
5	Roshanna	Baker	Garth Webb	28.19Q 2
6	Dray	Campagna	Burlington Central	29.35Q 1
7	Kiana	Steinhauer	Loyola	28.20q 2
8	Victoria	Montgomery	Georgetown	29.41q 1
9	Monica	Ferreira	Bishop Tonnos	29.49 1
10	Elexa	Stolzer	Garth Webb	29.73 2
11	Taylor	Stubbert	Kings Christian	29.86 2
12	Melissa	Cipparone	Brebeuf	30.59 1
13	Victoria	Kay	Bishop Tonnos	30.72 2
14	Mable	Dunn	White Oaks	31.24 2
15	Pamela	Ampah	Brebeuf	32.15 1

Women 200 Meter Dash Junior

Name	Year	School	Finals
=====			
Finals			
1	Zaria	Armstrong	Blakelock 26.90
2	Chante	Burnett	Acton 26.93
3	Halle	Bovel	St. Mary's 27.71
4	Kiana	Steinhauer	Loyola 28.40
5	Kitan	Ademidun	Bishop Reding 28.60
6	Victoria	Montgomery	Georgetown 29.09
7	Roshanna	Baker	Garth Webb 29.39
8	Dray	Campagna	Burlington Central 30.57

Women 400 Meter Dash Junior

Name	Year	School	Finals	H#
=====				
1	Kristen	Oneill	Loyola	57.22 2
2	Chante	Burnett	Acton	59.90 1
3	Kiana	Steinhauer	Loyola	1:04.85 2

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....Women 400 Meter Dash Junior

4 Amy Bellavia	Bishop Tonnos	1:05.31	1
5 Mikayla Hewitt	St. Mary's	1:06.30	2
6 Victoria Montgomery	Georgetown	1:06.33	1
7 Kylie Mahler	St. Thomas More	1:11.50	2
8 Melissa Cipparone	Brebeuf	1:13.13	2
9 Reanna Knight	St. Thomas More	1:13.28	2
10 Jeian Simbahon	Aquinas	1:17.12	2
11 Sara Burjaw	Assumption	1:17.67	1
12 Carina Nasturzio	Abbey Park	1:19.44	1

Women 800 Meter Run Junior

Name	Year School	Finals
1 Kristen Oneill	Loyola	2:17.83
2 Mikayla Hewitt	St. Mary's	2:31.96
3 Marija Ilic	Dr Frank J H	2:37.45
4 Lily Lambert	Corpus Christi	2:39.31
5 Allison Chan	Garth Webb	2:40.53
6 Gillian Day	Iroquois Ridge	2:49.22
7 Brooklyn Shelley	Georgetown	2:50.37
8 Lauren Major	Dr Frank J H	2:54.14
9 Shannon Fenwick	Iroquois Ridge	2:55.76
10 Maria Mesa	Jean Vanier	3:04.56
11 Melissa Merino	Bishop Ryan	3:05.20
12 Julianne Magalona	Bishop Reding	3:08.91
13 Viola Moss	Milton	3:14.09
14 Narika Reddy	Cathedral	3:37.66

Women 1500 Meter Run Junior

Name	Year School	Finals
1 Mackenzie Cameron	Christ the King	5:03.86
2 Emily Wesseling	Milton	5:15.13
3 Stephanie Knowles	Christ the King	5:17.46
4 Mikayla Hewitt	St. Mary's	5:17.51
5 Marija Ilic	Dr Frank J H	5:19.05
6 Sam Cooke	Dr Frank J H	5:28.02
7 Nicole Waddick	Christ the King	5:41.30
8 Brooklyn Shelley	Georgetown	5:46.02
9 Lauren Stanbridge	Bateman	5:50.95
10 Valeria Granda	Holy Trinity	5:51.32
11 Emily Smith	Milton	5:53.99
12 Lily Lambert	Corpus Christi	5:55.21
13 Gillian Day	Iroquois Ridge	6:02.72
14 Tessa Ogilvie	Cardinal Newman	6:04.25
15 Shannon Fenwick	Iroquois Ridge	6:09.95
16 Melissa Merino	Bishop Ryan	6:45.54
-- Emilie Suwula	Bishop Ryan	DNF

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Women 3000 Meter Run Junior

Name	Year School	Finals
1 Mackenzie Cameron	Christ the King	10:51.05
2 Stephanie Knowles	Christ the King	11:42.78
3 Sam Cooke	Dr Frank J H	11:48.80
4 Katja Zbogor	Holy Trinity	12:06.25
5 Nicole Waddick	Christ the King	12:21.59
6 Lauren Stanbridge	Bateman	12:56.06
7 Allison Chan	Garth Webb	13:35.57
8 Jessi Johnston	Dr Frank J H	13:56.42

Women 80 Meter Hurdles Junior

Name	Year School	Finals	H#
1 Kaleigh Jeffrey	Blakelock	13.00	3
2 Julia Scott	Blakelock	13.29	3
3 Lakiesha Norris	Jean Vanier	13.52	3
4 Elexa Stolzer	Garth Webb	13.56	3
5 Tendai Dodo	Milton	15.28	2
6 Emily Baker	Bishop Ryan	16.03	1
7 Pamela Ampah	Brebeuf	16.21	3
8 Nicole Cholewa	Notre Dame	16.34	3
9 Cailigh Workentin	Notre Dame	16.36	3
10 Kristen Lynch	Notre Dame	16.72	2
11 Kerry MacGregor	craig kielbu	17.00	2
12 Deandra Klunder	Bishop Ryan	17.01	1
13 Lauren Major	Dr Frank J H	17.11	1
14 Miranda Waite	Brebeuf	17.13	2
15 Katie Bruinenberg	Brebeuf	17.16	2
16 Victoria Peacock	Burlington Central	17.52	3
17 Kate Didiano	Aquinas	17.66	2
18 Cassey Tuck	Notre Dame	17.84	2
19 Kemisha Gellizeau	Cathedral	18.55	1
20 Paige Collins	Dr Frank J H	19.11	1
21 Andrea Woodland	Milton	19.79	2

Women 300 Meter Hurdles Junior

Name	Year School	Finals	H#
1 Julia Scott	Blakelock	49.92	3
2 Illicia Orr-Campbell	Burlington Central	50.30	3
3 K.C. Burnell	Georgetown	51.37	2
4 Kaleigh Jeffrey	Blakelock	51.67	3
5 Kitan Ademidun	Bishop Reding	53.15	2
6 Elexa Stolzer	Garth Webb	53.23	3
7 Monique Lazaruk	Holy Trinity	53.65	2
8 Esther Minkutu	Jean Vanier	53.67	3
9 Amy Bellavia	Bishop Tonnos	53.88	2
10 Rachel Dhingra	Blakelock	56.43	3
11 Lauren Major	Dr Frank J H	57.55	2
12 Nicole Hicks	Blakelock	57.87	3
13 Chantel French	Jean Vanier	58.49	3

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....Women 300 Meter Hurdles Junior

14 Miranda Waite Brebeuf 1:04.28 2

Women 4x100 Meter Relay Junior

School	Finals	H#
1 Bishop Reding 'A'	54.39	3
2 Bishop Tonnos 'A'	54.73	2
3 Garth Webb 'A'	54.74	3
4 Burlington Central 'A'	55.18	3
5 Bishop Ryan 'A'	56.51	2
6 Jean Vanier Catholic S.S. 'A'	56.56	3
7 Georgetown 'A'	57.31	3
8 Brebeuf 'A'	57.63	3
9 Dr Frank J Hayden SS 'A'	58.83	2
10 Corpus Christi 'A'	59.39	2
11 Iroquois Ridge 'A'	59.49	1
12 Abbey Park 'A'	1:04.79	1
13 Milton 'A'	1:05.61	2
-- Blakelock 'B'	DQ	2 Zone 1 -late exchange
-- St. Thomas More 'A'	DQ	3 Zone 1 -interferienc
-- Assumption 'A'	DQ	1 Zone 2 -out of excha

Women High Jump Junior

Name	Year School	Finals
1 Julia Scott	Blakelock	1.45m
1.20 1.25 1.30 1.35 1.40 1.45 1.50		
P O O O XO XXX		
2 Rachel Dhingra	Blakelock	1.40m
1.20 1.25 1.30 1.35 1.40 1.45		
P O O O XO XXX		
3 Alex McPhail	Kings Christian	1.35m
1.20 1.25 1.30 1.35 1.40		
O O O XO XXX		
3 Kerry MacGregor	craig kielbu	1.35m
1.20 1.25 1.30 1.35 1.40		
O O XO XO XXX		
5 Carla Arbelaez	Corpus Christi	1.25m
1.20 1.25 1.30		
O O XXX		
-- Natalie Iavarone	Brebeuf	NH
1.20		
XXX		
-- Katie Bruinenberg	Brebeuf	NH
1.20		
XXX		

Women Long Jump Junior

Name	Year School	Finals
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....Women Long Jump Junior

1	Melissa Langegger				Abbey Park	4.65m
	4.48m	4.63m	4.61m	4.39m	4.47m 4.65m	
2	K.C. Burnell				Georgetown	4.40m
	4.35m	4.00m	4.23m	4.34m	4.40m 3.81m	
3	Tendai Dodo				Milton	4.37m
	3.86m	4.14m	4.09m	4.37m	3.68m 3.90m	
4	Dray Campagna				Burlington Central	4.26m
	3.82m	4.02m	4.26m	4.06m	4.16m 4.00m	
5	Janet Jojy				Bishop Reding	4.25m
	4.01m	3.83m	3.99m	4.03m	3.75m 4.25m	
6	Jamie Cochrane				Georgetown	4.12m
	3.80m	4.10m	4.01m	3.95m	4.12m 3.75m	
7	Mable Dunn				White Oaks	4.01m
	3.72m	3.91m	PASS	3.89m	FOUL 4.01m	
8	Aden Eichenberg				Assumption	3.99m
	3.99m	3.60m	PASS			
9	Amber Syme				White Oaks	3.98m
	3.73m	3.98m	FOUL	FOUL	FOUL FOUL	
10	Cindy Dziuba				Christ the King	3.80m
	3.80m	3.74m	PASS			
11	Reegan Taylor				White Oaks	J3.80m
	3.17m	FOUL	3.80m			
12	Alex McPhail				Kings Christian	3.79m
	3.77m	3.79m	FOUL			
13	Elsa Ventura				Cardinal Newman	J3.79m
	3.70m	3.68m	3.79m			
14	Rachel Perin				Brebeuf	J3.79m
	3.60m	3.70m	3.79m			
15	Kellian Gordan				Corpus Christi	3.74m
	3.59m	3.74m	PASS			
16	Brittnie Spriel				Milton	J3.74m
	3.74m	FOUL	FOUL			
17	Paige Collins				Dr Frank J H	3.73m
	FOUL	FOUL	3.73m			
18	Elle-Lee Ross-King				Notre Dame	3.70m
	3.62m	3.53m	3.70m			
19	Zariah Walker				Georgetown	3.69m
	3.46m	3.69m	3.65m			
20	Nicole Kaminski				Georgetown	3.62m
	FOUL	3.46m	3.62m			
21	Alexa DiGennaro				Loyola	3.56m
	3.30m	3.56m	FOUL			
22	Victoria Adams				Dr Frank J H	3.52m
	FOUL	3.52m	FOUL			
23	Rachel Dudik				Assumption	3.51m
	2.91m	3.43m	3.51m			
24	Emily Smith				Milton	3.50m
	2.95m	PASS	3.50m			
25	Victoria Peacock				Burlington Central	3.48m
	3.36m	PASS	3.48m			
26	Isabel Kanczarek				Assumption	3.45m
	3.13m	PASS	3.45m			
27	Gillian Gallea				Assumption	3.31m
	3.31m	FOUL	PASS			

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....Women Long Jump Junior

28	Erica Nicoletti	Bishop Ryan	3.30m
	3.30m FOUL FOUL		
29	Emily Fiorillo	Corpus Christi	3.25m
	FOUL PASS 3.25m		
30	Sabrina Song-Chambers	Burlington Central	3.22m
	3.22m PASS PASS		
31	Kayla Wilson	White Oaks	3.17m
	3.17m PASS PASS		
32	Natalie Iavarone	Brebeuf	2.99m
	2.99m PASS FOUL		
33	Kayla Beraldo-Turner	Corpus Christi	2.82m
	2.82m PASS PASS		
34	Sydney Galioto	Milton	2.70m
	2.70m FOUL FOUL		
35	Sara Shivafor	Cardinal Newman	2.46m
	FOUL PASS 2.46m		
36	Stephanie Findley	Loyola	2.27m
	2.27m PASS PASS		
--	Anastasiya Nagy	Dr Frank J H	FOUL
	FOUL FOUL FOUL		

Women Triple Jump Junior

Name	Year	School	Finals
1 Melissa Langegger		Abbey Park	10.69m
	FOUL 10.49m 10.02m 10.24m 10.69m 10.54m		
2 K.C. Burnell		Georgetown	10.03m
	9.87m 9.90m 10.03m 9.77m 9.89m 10.00m		
3 Roshanna Baker		Garth Webb	9.49m
	9.22m 9.17m 9.20m 8.34m 8.74m 9.49m		
4 Alex McPhail		Kings Christian	8.85m
	8.57m 8.53m 8.61m 8.84m 8.85m 8.80m		
5 Miranda Waite		Brebeuf	8.79m
	8.37m 8.70m 8.38m 8.60m 8.36m 8.79m		
6 Alexandra Moyssakas		Blakelock	8.69m
	7.62m 8.39m 8.69m 8.36m 8.10m 7.64m		
7 Janet Jojy		Bishop Reding	8.64m
	FOUL 8.28m 8.09m 8.56m 8.26m 8.64m		
8 Antonia Panchevski		Georgetown	8.18m
	FOUL 8.15m 8.18m		
9 Aden Eichenberg		Assumption	8.17m
	7.48m 8.06m 8.17m		
10 Pamela Ampah		Brebeuf	8.05m
	7.83m 8.05m 7.29m		
11 Nicole Hicks		Blakelock	7.81m
	7.74m 7.78m 7.81m		
12 Dray Campagna		Burlington Central	7.79m
	7.71m 7.57m 7.79m		
13 Catherine Ostapovych		Garth Webb	7.71m
	7.66m 7.71m 7.31m		
14 Alainna Silvestri		St. Mary's	7.49m
	FOUL 6.85m 7.49m		

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....Women Triple Jump Junior

15 Rachel Perin	Brebeuf	7.44m
7.44m 7.41m 7.32m		
16 Sally Ross	Georgetown	7.40m
7.38m 7.38m 7.40m		
17 Victoria Adams	Dr Frank J H	7.36m
FOUL FOUL 7.36m		
18 Sydney Galioto	Milton	7.20m
7.11m FOUL 7.20m		
-- Kiana Steinhauer	Loyola	FOUL
FOUL FOUL FOUL		
-- Amber Syme	White Oaks	DQ
8.85m FOUL 7.88m 8.52m	FOUL 8.65m	

Women Shot Put Junior

Name	Year	School	Finals
1 Leah Holmes		Acton	8.28m
7.86m 8.28m 8.23m 8.08m 8.06m 8.15m			
2 Cailin Brushett		Iroquois Ridge	7.54m
6.63m 6.70m FOUL 6.72m 6.67m 7.54m			
3 Melissa Langegger		Abbey Park	7.51m
6.61m 7.51m 6.07m 6.99m 6.82m 7.35m			
4 Sally Ross		Georgetown	7.38m
FOUL 6.29m 7.08m FOUL 7.16m 7.38m			
5 Annie Cupido		Brebeuf	7.36m
7.36m 7.35m 6.66m 6.91m 7.22m 7.33m			
6 Haley Hinds		Dr Frank J H	7.08m
6.67m 6.18m 6.98m 7.08m 6.98m 6.75m			
7 Shannon Venman		Burlington Central	6.65m
5.76m 6.26m 6.65m 6.35m 6.51m 6.49m			
8 Amanda Nicoletti		Bishop Ryan	6.63m
6.34m 6.63m 6.01m 6.26m 5.92m 6.18m			
9 Michaela Smith		Notre Dame	6.62m
6.56m 6.44m 6.62m			
10 Sabrina Song-Chambers		Burlington Central	6.21m
6.21m 5.31m 5.19m			
11 Serena Dimitroff		Assumption	6.08m
FOUL 6.08m FOUL			
12 Alisha Geier		Dr Frank J H	5.92m
FOUL 5.18m 5.92m			
13 Sonya Sevadjan		Kings Christian	5.84m
5.84m 5.72m FOUL			
14 Izabella Liszek		Brebeuf	5.72m
5.72m 5.59m 5.45m			
15 Nicole Kaminski		Georgetown	5.52m
5.26m 5.52m 5.24m			
16 Kathryn Aubert		Bishop Ryan	5.46m
4.98m 5.19m 5.46m			
17 Darby Sutton		Georgetown	4.78m
4.54m 4.15m 4.78m			
18 Alicia Chianta		Jean Vanier	4.35m
4.11m 3.82m 4.35m			

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....Women Shot Put Junior

19 Ainsley Kearns	Assumption	3.20m
3.20m 3.18m PASS		

Women Discus Throw Junior

Name	Year	School	Finals
1 Leah Holmes		Acton	25.05m
21.91m 24.93m 25.05m	FOUL	23.92m 21.37m	
2 Nieve Shannon Dwyer		Assumption	22.75m
21.71m 18.27m 22.27m	22.75m	FOUL 21.22m	
3 Sally Ross		Georgetown	22.22m
22.22m 20.07m 20.63m	21.83m	20.87m FOUL	
4 Magee Bailey		Assumption	22.16m
22.16m 21.37m 21.70m	21.74m	21.89m 21.89m	
5 Rachel Dudik		Assumption	19.00m
19.00m 17.97m 16.32m	16.47m	17.86m 16.87m	
6 Kathryn Aubert		Bishop Ryan	18.44m
FOUL 17.57m 17.19m	17.69m	16.25m 18.44m	
7 Shannon Venman		Burlington Central	18.41m
18.09m 1.93m 18.35m	16.82m	16.82m 18.41m	
8 Sonya Sevadjan		Kings Christian	16.88m
15.27m FOUL 15.84m	15.82m	FOUL 16.88m	
9 Annie Cupido		Brebeuf	15.41m
FOUL FOUL 15.41m			
10 Michaela Smith		Notre Dame	15.17m
FOUL 13.78m 15.17m			
11 Andrea Woodland		Milton	14.65m
14.65m 14.64m 13.13m			
12 Margaret Boehner		Milton	J14.65m
14.65m FOUL 13.65m			
13 Amanda Nicoletti		Bishop Ryan	14.03m
14.03m 13.82m 12.17m			
14 Samantha Dempsey		Milton	13.53m
13.53m 13.44m 12.75m			
15 Ashley Almdal		Burlington Central	13.27m
12.12m FOUL 13.27m			
16 Antonia Panchevski		Georgetown	12.92m
FOUL FOUL 12.92m			
17 Simran Hunjan		Georgetown	9.63m
FOUL 9.63m FOUL			

Women Javelin Throw Junior

Name	Year	School	Finals
1 Mara Lach		White Oaks	23.99m
17.16m 19.47m 19.28m	20.96m	21.39m 23.99m	
2 Shannon Venman		Burlington Central	22.26m
18.93m 18.22m 21.30m	22.26m	19.92m 21.40m	
3 Sabrina Song-Chambers		Burlington Central	19.68m
16.79m 17.57m 16.99m	18.13m	17.04m 19.68m	
4 Serena Dimitroff		Assumption	17.61m
12.60m 17.61m 14.83m	14.92m	FOUL 13.99m	

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....Women Javelin Throw Junior

5	Miranda Dowling	Bishop Tonnos	16.98m
	15.75m 16.20m FOUL FOUL	15.89m 16.98m	
6	Carmela Renzone	Holy Trinity	16.86m
	16.86m 10.32m FOUL FOUL	14.80m	
7	Izabella Liszek	Brebeuf	15.16m
	14.69m 13.32m 12.00m	15.16m 11.76m 11.49m	
8	Katie Bruinenberg	Brebeuf	15.02m
	14.00m 15.02m 14.11m	14.40m FOUL FOUL	
9	Leah Holmes	Acton	14.68m
	14.68m FOUL FOUL		
10	Alainna Silvestri	St. Mary's	13.35m
	13.35m FOUL FOUL		
11	Ashley Almdal	Burlington Central	12.92m
	FOUL 11.11m 12.92m		
12	Antonia Panchevski	Georgetown	12.59m
	FOUL 12.59m 12.47m		
13	Alicia Chianta	Jean Vanier	9.48m
	FOUL FOUL 9.48m		
14	Simran Hunjan	Georgetown	9.38m
	9.38m 9.10m FOUL		
15	Amal Ibrahim	White Oaks	J9.38m
	FOUL 9.38m FOUL		
--	Annie Cupido	Brebeuf	FOUL
	FOUL FOUL FOUL		

Women 100 Meter Dash Senior**16 Advance: Top 1 Each Heat plus Next 9 Best Times**

Name	Year	School	Prelims	H#
Preliminaries				
1	Savannah	Simpson	Bishop Tonnos	12.70Q 7
2	Bryanna	Samuels	Iroquois Ridge	12.85Q 4
3	Eboni	Reid	White Oaks	13.10Q 3
4	Lauren	Rock	Georgetown	13.27Q 5
5	Chantai	Orr-Campbell	Burlington Central	13.36Q 1
6	Kristen	Davidson	Brebeuf	13.87Q 6
7	Nadia	Milich	White Oaks	14.20Q 2
8	Kelly	Foster	St. Mary's	13.35q 7
9	Asima	Iqbal	Iroquois Ridge	13.41q 7
10	Brianna	Davis	Aquinas	13.46q 3
11	Brianna	Beaulieu	Corpus Christi	13.51q 3
12	Jasmine	Francis	Bishop Ryan	13.54q 3
13	Maria	DeWilde	Bishop Ryan	13.55q 4 13.541
14	Krista	Prescod	Holy Trinity	13.55q 3 13.544
15	Tiffany	McNeil	Holy Trinity	13.72q 1
16	Arielle	Rahal	Christ the King	13.92q 7
17	Ketsia	Kabamba	Cathedral	13.95 7
18	Karley	Lamb	Cathedral	14.14 3
19	Irene	Kiroplis	Christ the King	14.25 5
20	Cydia	Laws	St. Thomas More	14.40 2
21	Taylor	Alves	Christ the King	14.44 1
22	Isabella	D\Angelo	Bishop Ryan	14.48 6
23	Rebecca	Tjon Aloj	craig kielbu	14.56 7

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....Women 100 Meter Dash Senior

24	Jasmine Rahal	Christ the King	14.57	2	
25	Natalie Luzny	Corpus Christi	14.59	6	
26	Jaclyn Stones	St. Thomas More	14.61	1	
27	Maureece Berchie	Kings Christian	14.65	6	14.647
28	Sam Pocrnic	Loyola	14.65	6	14.648
29	Raquel Castro	Bishop Tonnos	14.68	5	
30	Helen Ayoo	Cathedral	14.84	4	
31	Laura Rosina	Bishop Tonnos	14.99	1	
32	Joselle Alcantaia	Bishop Reding	15.38	1	
33	Jackie Pallarca	Loyola	15.44	4	
34	Jane Meng	Abbey Park	15.73	3	
35	Victoria Emanuele	Aquinas	15.84	7	
36	Sophia Zotti	Brebeuf	15.85	3	
37	Emma Bignell	Milton	15.92	2	
38	Alex Donnelly	Blakelock	15.94	5	
39	Tristan Parkinson	Corpus Christi	15.98	4	
40	Harriet Yan	Iroquois Ridge	16.22	6	

Women 100 Meter Dash Senior

8 Advance: Top 3 Each Heat plus Next 2 Best Times

Name	Year	School	Semis	H#
Semi-Finals				
1	Savannah Simpson	Bishop Tonnos	12.73Q	2
2	Bryanna Samuels	Iroquois Ridge	12.92Q	1
3	Lauren Rock	Georgetown	13.20Q	2
4	Eboni Reid	White Oaks	13.30Q	1 13.297
5	Kelly Foster	St. Mary's	13.30Q	2 13.293
6	Brianna Davis	Aquinas	13.44Q	1
7	Jasmine Francis	Bishop Ryan	13.54q	2
8	Chantai Orr-Campbell	Burlington Central	13.55q	2
9	Kristen Davidson	Brebeuf	13.61	1
10	Maria DeWilde	Bishop Ryan	13.63	2
11	Asima Iqbal	Iroquois Ridge	13.65	2
12	Arielle Rahal	Christ the King	13.91	2
13	Nadia Milich	White Oaks	14.44	1

Women 100 Meter Dash Senior

Name	Year	School	Finals
Finals			
1	Savannah Simpson	Bishop Tonnos	12.27
2	Bryanna Samuels	Iroquois Ridge	12.70
3	Lauren Rock	Georgetown	13.02
4	Brianna Davis	Aquinas	13.28 13.271
5	Kelly Foster	St. Mary's	13.28 13.273
6	Eboni Reid	White Oaks	13.33
7	Chantai Orr-Campbell	Burlington Central	13.50
8	Jasmine Francis	Bishop Ryan	13.52

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Women 200 Meter Dash Senior**16 Advance: Top 2 Each Heat plus Next 6 Best Times**

Name	Year	School	Prelims	H#
Preliminaries				
1 Savannah Simpson		Bishop Tonnos	26.42Q	3
2 Amony Abakar		Cathedral	27.52Q	5
3 Brianna Davis		Aquinas	27.92Q	2
4 Kelly Foster		St. Mary's	28.29Q	1
5 Nya Gathoth		Cathedral	28.45Q	4
6 Bryanna Samuels		Iroquois Ridge	26.93Q	3
7 Alex Ratcliffe		Loyola	28.36Q	1
8 Arielle Rahal		Christ the King	28.85Q	2
9 Nadia Milich		White Oaks	29.89Q	5
10 Marissa Ditoro		Jean Vanier	30.01Q	4 30.010
11 Maria DeWilde		Bishop Ryan	28.54q	3
12 Sonja Mitatovic		Nelson	28.91q	1
13 Kristen Davidson		Brebeuf	29.69q	1
14 Dayna Ohanlon		Loyola	29.99q	5
15 Karley Lamb		Cathedral	30.01q	3 30.005
16 Jillian Eisener		St. Mary's	30.12q	5
17 Maureece Berchie		Kings Christian	30.30	2
18 Natalie Luzny		Corpus Christi	30.54	4
19 Morgan Chambers		M. M. Robinson	30.59	1
20 Raquel Castro		Bishop Tonnos	30.72	5
21 Isabella D\Angelo		Bishop Ryan	30.91	2
22 Jaclyn Stones		St. Thomas More	31.43	4
23 Nichole Williamson		Brebeuf	32.58	2
24 Christina Scanlon		Holy Trinity	32.70	3
25 Tristan Parkinson		Corpus Christi	33.07	2
26 Breanna Medford		Jean Vanier	33.56	5
27 Amanda Inglese		Loyola	34.32	2
28 Jane Meng		Abbey Park	34.47	4

Women 200 Meter Dash Senior**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Name	Year	School	Semis	H#
Semi-Finals				
1 Bryanna Samuels		Iroquois Ridge	26.99Q	1
2 Savannah Simpson		Bishop Tonnos	27.04Q	2
3 Amony Abakar		Cathedral	27.48Q	1
4 Arielle Rahal		Christ the King	28.54Q	2
5 Brianna Davis		Aquinas	28.37Q	1
6 Kelly Foster		St. Mary's	28.61Q	2
7 Kristen Davidson		Brebeuf	28.70q	2
8 Maria DeWilde		Bishop Ryan	28.86q	1
9 Alex Ratcliffe		Loyola	29.11	1
10 Nadia Milich		White Oaks	29.70	2
11 Marissa Ditoro		Jean Vanier	30.47	1
12 Karley Lamb		Cathedral	30.50	1
13 Jillian Eisener		St. Mary's	30.77	2

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Women 200 Meter Dash Senior

Name	Year School	Finals
Finals		
1 Savannah Simpson	Bishop Tonnos	26.30
2 Bryanna Samuels	Iroquois Ridge	27.04
3 Amony Abakar	Cathedral	27.95
4 Brianna Davis	Aquinas	28.18
5 Kelly Foster	St. Mary's	28.47
6 Arielle Rahal	Christ the King	28.61
7 Kristen Davidson	Brebeuf	28.76
8 Maria DeWilde	Bishop Ryan	28.98

Women 400 Meter Dash Senior

Name	Year School	Finals	H#
1 Taysia Radoslav	Cardinal Newman	56.18	2
2 Evelyne Guay	Abbey Park	58.04	2
3 Caroline Stricelj	Blakelock	1:03.30	2
4 Allison Supapol	Nelson	1:06.57	2
5 Dayna Ohanlon	Loyola	1:06.79	2
6 Jennifer Supapol	Nelson	1:07.08	2
7 Zoe LeHong	Notre Dame	1:09.20	2
8 Morgan Chambers	M. M. Robinson	1:09.39	1
9 Jasdeep Multani	St. Thomas More	1:13.89	1
10 Kate Randazzo	Bishop Tonnos	1:16.62	1
11 Clare O'Brien	Oakville Trafalgar	1:21.48	1
12 Stephanie Tesla	Bishop Reding	1:28.24	1

Women 800 Meter Run Senior

Name	Year School	Finals
1 Evelyne Guay	Abbey Park	2:14.71
2 Bridget Oneill	Loyola	2:15.94
3 Virginia Hlacar	Cardinal Newman	2:34.16
4 Christina Buttenham	St. Mary's	2:42.51
5 Hannah Davero	Nelson	2:44.97
6 Morgan Chambers	M. M. Robinson	2:45.24
7 Zoe LeHong	Notre Dame	2:48.77
8 Lydia Geng	Georgetown	2:54.13
9 Emily Cauduro	St. Mary's	2:54.18
10 Kate Randazzo	Bishop Tonnos	2:57.02
11 Rachel Barber-Pin	St. Thomas More	2:57.86
12 Jasdeep Multani	St. Thomas More	3:00.19
13 Marissa Ditoro	Jean Vanier	3:00.79
14 Laurel McLeod	Oakville Trafalgar	3:24.36

Women 1500 Meter Run Senior

Name	Year School	Finals
1 Bridget Oneill	Loyola	4:44.45
2 Erin Mawhinney	Notre Dame	4:51.26

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....Women 1500 Meter Run Senior

3	Alex Ratcliffe	Loyola	5:37.89
4	Lydia Geng	Georgetown	5:41.17
5	Julia DiIanni	Iroquois Ridge	5:47.01
6	Haleigh Baines	Christ the King	6:01.25
7	Shaeley Barrios-Barrera	Cathedral	6:01.44
8	Rachel Barber-Pin	St. Thomas More	6:10.73
9	Megan MacDonald	Iroquois Ridge	6:14.37
10	Erica Mathieson	M. M. Robinson	6:31.24
11	Isabel Sinclair	St. Mary's	6:57.27
12	Laurel McLeod	Oakville Trafalgar	7:15.15

Women 3000 Meter Run Senior

Name	Year	School	Finals
1	Erin Mawhinney	Notre Dame	10:43.53
2	Tegan Duncan	Holy Trinity	11:44.44
3	Lydia Geng	Georgetown	12:16.37
4	Erica Mathieson	M. M. Robinson	12:42.37
5	Rachel Barber-Pin	St. Thomas More	13:04.17
6	Shaeley Barrios-Barrera	Cathedral	13:38.28
7	Laurel McLeod	Oakville Trafalgar	16:05.68

Women 100 Meter Hurdles Senior

Name	Year	School	Finals	H#
1	Chantai Orr-Campbell	Burlington Central	17.03	2
2	Erika Bolliger	Iroquois Ridge	17.60	1
3	Jillian Eisener	St. Mary's	18.14	2
4	Riley Dane	Iroquois Ridge	18.17	1
5	Lucy Ray	Christ the King	18.30	1 18.294
6	Brittany Webster	Christ the King	18.30	1 18.297
7	Pamela Sanchez	Loyola	18.41	2
8	Meagan Rice	St. Mary's	18.73	2
9	Rebecca Tjon Aloï	craig kielbu	19.48	2
10	Laura Rosina	Bishop Tonnos	19.55	1
11	Julia DiIanni	Iroquois Ridge	19.78	2
12	MaryAnne Damerchie	Brebeuf	19.82	2

Women 400 Meter Hurdles Senior

Name	Year	School	Finals
1	Taysia Radoslav	Cardinal Newman	1:01.69
2	Pamela Sanchez	Loyola	1:08.57
3	Caroline Stricelj	Blakelock	1:08.71
4	Jillian Eisener	St. Mary's	1:13.13
5	MaryAnne Damerchie	Brebeuf	1:29.56

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Women 4x100 Meter Relay Senior

School	Finals	H#
1 Iroquois Ridge 'A'	51.22	2
2 St. Mary's 'A'	52.30	3
3 Cathedral 'A'	52.75	3
4 Holy Trinity 'A'	53.05	3
5 Bishop Ryan 'A'	53.50	3
6 Brebeuf 'A'	53.84	3
7 Abbey Park 'A'	54.00	2
8 White Oaks 'A'	54.19	3
9 Kings Christian 'A'	55.22	2
10 Loyola 'A'	56.24	3
11 Aquinas 'A'	56.52	3
12 Jean Vanier Catholic S.S. 'A'	58.67	2
13 Garth Webb 'A'	1:01.98	2
-- Christ the King 'A'	DQ	2 Zone 2
-- Corpus Christi 'A'	DQ	2 Zone 1- dropped batt

Women High Jump Senior

Name	Year School	Finals
1 Devyn Mackenzie	Abbey Park	1.55m
1.20 1.25 1.30 1.35 1.40 1.45 1.50 1.55 1.60		
P P P P P XO XXO XO XXX		
2 Kirsten Reid	Kings Christian	1.50m
1.20 1.25 1.30 1.35 1.40 1.45 1.50 1.55		
P O O O O O XO XXX		
3 Mackenzie Dennington	Nelson	1.30m
1.20 1.25 1.30 1.35		
O O O XXX		
4 Juliana Sunavsky	Bishop Ryan	1.25m
1.20 1.25 1.30		
XO O XXX		

Women Long Jump Senior

Name	Year School	Finals
1 Riley Dane	Iroquois Ridge	4.79m
FOUL 4.59m 4.45m 4.79m 4.60m 4.78m		
2 Asima Iqbal	Iroquois Ridge	4.74m
4.58m 4.50m 4.67m 4.74m		
3 Meagan Rice	St. Mary's	4.61m
4.60m 4.61m FOUL FOUL 4.52m FOUL		
4 Kirsten Reid	Kings Christian	4.57m
4.34m 4.20m 4.35m 4.57m 4.42m 4.50m		
5 Jasmine Ellis	Cardinal Newman	4.51m
FOUL 4.51m 4.30m 4.42m 4.30m FOUL		
6 Lauren Rock	Georgetown	4.41m
4.41m 4.35m FOUL		
7 Lindsay Kirby	Christ the King	4.34m
4.34m 3.89m 4.09m 4.06m 4.08m 3.89m		

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....Women Long Jump Senior

8	Eboni Reid	White Oaks	4.29m
	4.29m FOUL 4.15m FOUL		
9	Taylor Schenk	Kings Christian	4.15m
	4.15m 4.13m 3.98m		
10	Mackenzie Dennington	Nelson	4.14m
	4.14m 4.05m FOUL		
11	Irene Kiroplis	Christ the King	3.87m
	3.83m 3.72m 3.87m		
12	Brittany Webster	Christ the King	3.65m
	3.64m 3.65m 3.64m		
13	Natalie Luzny	Corpus Christi	3.61m
	3.43m 3.61m 3.41m		
14	Christina Scanlon	Holy Trinity	3.53m
	2.76m 3.53m 3.04m		
15	Tristan Parkinson	Corpus Christi	3.47m
	3.42m 3.47m 3.22m		
16	Sasha Bertusa	Burlington Central	3.33m
	3.24m 3.33m FOUL		
17	Heather Hood	Nelson	3.28m
	FOUL FOUL 3.28m		
18	Samantha Mellace	Christ the King	3.14m
	3.14m 3.01m 3.10m		
19	Juliana Sunavsky	Bishop Ryan	3.13m
	3.10m 2.55m 3.13m		
20	Emma Bignell	Milton	3.01m
	3.01m FOUL 2.42m		
21	Erica Mathieson	M. M. Robinson	2.96m
	FOUL FOUL 2.96m		
22	Macy Lehoux	Christ the King	2.48m
	FOUL 2.34m 2.48m		
23	Maika Gordan	Corpus Christi	2.44m
	2.44m 2.30m FOUL		
24	Jill Mulveney	Nelson	1.98m
	FOUL FOUL 1.98m		

Women Triple Jump Senior

Name	Year	School	Finals
1 Meagan Rice		St. Mary's	10.90m
	10.72m	FOUL FOUL 10.26m	FOUL 10.90m
2 Riley Dane		Iroquois Ridge	10.56m
	10.34m	10.13m 10.56m 10.55m	10.20m 10.50m
3 Lauren Rock		Georgetown	10.44m
	10.34m	10.44m 10.03m PASS 9.96m	PASS
4 Taylor Schenk		Kings Christian	9.99m
	9.67m	9.74m 9.91m 9.45m	9.99m 9.70m
5 Lindsay Kirby		Christ the King	9.75m
	9.12m	9.23m 9.75m 9.23m	9.47m 9.09m
6 Christina Blagojevic		Iroquois Ridge	8.74m
	8.21m	8.58m 8.50m 8.19m	8.74m 8.29m
7 MaryAnne Damerchie		Brebeuf	8.29m
	8.00m	7.36m 8.29m 7.14m	7.59m 7.30m

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....Women Triple Jump Senior

8	Sophia Zotti		Brebeuf		7.32m
	7.10m	7.07m	7.32m	7.05m	7.12m 7.04m
9	Madison Reed		Brebeuf		6.73m
	6.71m	6.55m	6.73m		

Women Shot Put Senior

Name	Year	School	Finals
1 Cassidy Noonan		Brebeuf	8.50m
	8.06m	8.19m	8.50m 8.26m 8.25m 7.94m
2 Nicole Gilmour		Assumption	8.30m
	7.62m	8.30m	8.21m 8.26m 8.26m 8.08m
3 Alize Spalding-Lawrence		Brebeuf	8.26m
	7.23m	8.09m	7.90m 8.17m 8.26m 7.93m
4 Niki Bozinoski		Abbey Park	8.08m
	7.88m	FOUL	7.41m 7.79m 8.08m 8.05m
5 Kerianne Skea		Georgetown	7.91m
	7.58m	7.70m	7.75m 7.91m 7.86m FOUL
6 Sophina McEwen		Garth Webb	6.48m
	6.11m	6.14m	6.43m 6.11m 6.48m 5.88m
7 Aisha Ali		St. Thomas More	6.28m
	6.04m	5.83m	5.98m 5.91m 5.80m 6.28m
8 Jessica Spadafora		St. Thomas More	5.94m
	5.43m	5.80m	5.94m 5.32m 5.53m 5.24m
9 Aimee MacNeil		Iroquois Ridge	5.64m
	4.99m	5.51m	5.64m
10 Nilou Bignuan		St. Thomas More	5.63m
	4.76m	5.63m	5.26m
11 Didi Santoso		Garth Webb	3.55m
	FOUL	3.55m	3.49m

Women Discus Throw Senior

Name	Year	School	Finals
1 Kerianne Skea		Georgetown	25.10m
	23.15m	25.10m	24.56m 17.70m 22.10m 23.29m
2 Nicole Gilmour		Assumption	22.98m
	PASS	PASS	22.98m 20.32m 21.56m 21.01m
3 Cassidy Noonan		Brebeuf	22.31m
	FOUL	FOUL	19.58m FOUL 22.31m 20.71m
4 Darby Sutton		Georgetown	16.80m
	FOUL	16.80m	FOUL 16.63m 13.85m 16.45m
5 Aimee MacNeil		Iroquois Ridge	J16.80m
	FOUL	16.80m	16.00m 16.33m 16.28m 16.55m

Women Javelin Throw Senior

Name	Year	School	Finals
1 Ivana Vujadinovic		Nelson	27.42m
	21.09m	FOUL	23.84m 26.20m 25.60m 27.42m

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....Women Javelin Throw Senior

2	Lauren Jamieson	Holy Trinity	26.33m
	25.87m 26.33m 10.81m 25.57m	PASS FOUL	
3	Irene Kiroplis	Christ the King	23.79m
	19.84m 15.59m 23.79m 14.85m 22.94m 23.54m		
4	Sasha Bertusa	Burlington Central	23.72m
	21.74m 19.47m 21.34m 22.53m 23.05m 23.72m		
5	Kerianne Skea	Georgetown	22.81m
	FOUL 22.81m FOUL 16.68m	FOUL FOUL	
6	Niki Bozinoski	Abbey Park	21.41m
	21.13m 21.41m 20.41m 18.14m	FOUL FOUL	
7	Delaney Hughes	Holy Trinity	J21.41m
	19.99m 19.30m 16.71m 21.41m 20.03m 19.66m		
8	Isabel Galega	Holy Trinity	20.16m
	20.16m 18.27m	FOUL 17.55m	FOUL FOUL
9	Macy Lehoux	Christ the King	15.76m
	FOUL 15.76m 15.39m		
10	Brittany Webster	Christ the King	15.58m
	11.46m 15.58m 13.95m		
11	Aisha Ali	St. Thomas More	14.69m
	10.23m 13.53m 14.69m		
12	Darby Sutton	Georgetown	12.30m
	9.85m 12.30m 10.64m		

Women 1500 Meter Steeplechase Open

Name	Year	School	Finals
1 Tegan Duncan		Holy Trinity	6:01.98
2 Katja Zbogor		Holy Trinity	6:19.71
3 Sarah Hill		Blakelock	6:29.95
4 Virginia Hlacar		Cardinal Newman	6:31.95
5 Gillian Day		Iroquois Ridge	6:39.31
6 Megan MacDonald		Iroquois Ridge	6:40.80
7 Allison Chan		Garth Webb	6:49.45
8 Emily Cauduro		St. Mary's	6:50.18
9 Maddie Shiell		Christ the King	6:51.46
10 Charlotte Paterson		Blakelock	6:53.20
11 Kate Randazzo		Bishop Tonnos	7:06.65
12 Madison Reed		Brebeuf	7:11.48
13 Jessi Johnston		Dr Frank J H	7:31.67
-- Hannah Davero		Nelson	DNF

Women 4x400 Meter Relay Open

School	Finals	H#
1 Loyola 'A'	4:11.94	2
2 Nelson 'A'	4:32.75	2
3 Abbey Park 'A'	4:32.95	2
4 Bishop Tonnos 'A'	4:47.91	2
5 Brebeuf 'A'	4:50.27	1
6 Georgetown 'A'	4:55.22	2
7 Holy Trinity 'A'	4:55.67	1
8 White Oaks 'A'	4:56.00	1

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....Women 4x400 Meter Relay Open

9 St. Thomas More 'A'	5:00.10	2
10 Bishop Ryan 'A'	5:02.24	1
11 Oakville Trafalgar 'A'	5:22.80	1

Women 100 Meter Dash Ambulatory

Name	Year School	Finals
1 Nicole Vespa	Brebeuf	24.54
2 Cassie Hewitson-Patterso	Bishop Ryan	25.44
3 Flynn McCowell	Bishop Ryan	28.42
4 Emily Dunlop	Cathedral	29.06
5 Caitlain Sarris	Bishop Ryan	30.92
6 Riley Kisel	Bishop Ryan	51.26
7 Brie-lyn Turegon	Bishop Ryan	1:07.16

Men 100 Meter Dash Midget**16 Advance: Top 1 Each Heat plus Next 7 Best Times**

Name	Year School	Prelims	H#
Preliminaries			
1 Michael Chris-Ike	St. Thomas More	11.56Q	8
2 Ethan Cumming	Kings Christian	11.92Q	5
3 Tyrell Smikle	Jean Vanier	11.99Q	6
4 Aaron Inwood	St. Mary's	12.00Q	4
5 Emanoeil Khacho	Kings Christian	12.21Q	3
6 Mosiah Musgrave-Perry	St. Thomas More	12.22Q	9
7 Phillip Busky	St. Mary's	12.27Q	1
8 James Mrkobroba	Kings Christian	12.59Q	7
9 Andrew Glanville	Brebeuf	13.12Q	2 13.118
10 Jaxon Ciraola-Brown	Cathedral	12.32q	9
11 James Swift	Bishop Tonnos	12.36q	4 12.359
11 Isaiah Joseph	Cathedral	12.36q	3 12.359
13 Zachary Duke	Christ the King	12.44q	9
14 Josh Vandergreer	St. Mary's	12.54q	9
15 Tony Peixe	Bishop Reding	12.69q	1
16 Sparsh Kapar	craig kielbu	12.70q	3
17 Damon Zubyk	Bateman	12.71	4
18 Yann Kongal	St. Thomas More	12.76	6
19 Taj Adams-Phillips	Kings Christian	12.80	8
20 Kian Monjezi	Aldershot	12.81	4
21 Mathieu Marek	Iroquois Ridge	12.84	9
22 Diego Nunez	Holy Trinity	12.87	6 12.867
23 Alex Esemezie	Bishop Reding	12.87	3 12.868
24 Nile Day	Milton	12.90	8
25 Michael Chang	Georgetown	12.96	5
26 Brian Le	St. Thomas More	12.97	7
27 Michael Verduyn	Nelson	13.01	8
28 Matt Elias	Nelson	13.09	3
29 Daniel Tibay	Bishop Tonnos	13.12	9 13.120
30 Nicholas Pontillo	Cardinal Newman	13.19	4
31 Justin Capizano	Oakville Trafalgar	13.20	3
32 Jordan Barton	Notre Dame	13.30	5

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....Men 100 Meter Dash Midget

33	Jodelle Gilliard	Bishop Reding	13.33	2	13.328
33	Jack Turchet	Loyola	13.33	7	13.328
35	Jordan Robbins	M. M. Robinson	13.42	5	
36	Nolan Ross	Dr Frank J H	13.45	9	
37	Connor Lawrence	Dr Frank J H	13.49	1	
38	Michael Antram	Blakelock	13.53	6	
39	Noah Landman	Burlington Central	13.59	4	
40	Sagar Patel	Dr Frank J H	13.63	4	
41	Jaeger Campagna	Burlington Central	13.72	8	
42	Dylan Ferdinand	Blakelock	13.74	8	
43	Tatenda Dandato	Bishop Ryan	13.76	3	
44	Nicholas Paul	craig kielbu	13.93	7	
45	Alec Traynor	Loyola	13.98	1	13.976
46	Kyle Fitzgerald	Blakelock	13.98	7	13.980
47	Sang Jun Bak	Georgetown	14.02	6	
48	Matthew McGuigan	Loyola	14.12	2	
49	Ziad Azabi	Cardinal Newman	14.17	2	
50	Nathan Williams	Christ the King	14.34	7	
51	Zack Hollister	Acton	14.38	5	
52	Jared Summers	Assumption	14.44	1	
53	Matthew Pham	Burlington Central	14.49	6	
54	Ethan Wilson	craig kielbu	14.96	9	
55	Jeremy Isaacs	Kings Christian	15.05	1	
56	Max Fusaro	Bishop Tonnos	15.69	2	

Men 100 Meter Dash Midget

8 Advance: Top 3 Each Heat plus Next 2 Best Times

=====				
Name	Year	School	Semis	H#
=====				
Semi-Finals				
1	Michael	Chris-Ike	St. Thomas More	11.59Q 2
2	Ethan	Cumming	Kings Christian	12.07Q 1
3	Aaron	Inwood	St. Mary's	12.02Q 2
4	Tyrell	Smikle	Jean Vanier	12.13Q 1
5	Mosiah	Musgrave-Perry	St. Thomas More	12.20Q 1
6	Emanoeil	Khacho	Kings Christian	12.23Q 2
7	James	Mrkobroba	Kings Christian	12.30q 2
8	James	Swift	Bishop Tonnos	12.39q 2
9	Jaxon	Ciraola-Brown	Cathedral	12.42 1
10	Phillip	Busky	St. Mary's	12.45 1
11	Zachary	Duke	Christ the King	12.51 2
12	Tony	Peixe	Bishop Reding	12.67 1
13	Josh	Vandergreer	St. Mary's	12.76 1
14	Sparsh	Kapar	craig kielbu	12.77 2
15	Andrew	Glanville	Brebeuf	13.38 2

Men 100 Meter Dash Midget

=====				
Name	Year	School	Finals	
=====				
Finals				
1	Michael	Chris-Ike	St. Thomas More	11.53
2	Aaron	Inwood	St. Mary's	11.95

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...Men 100 Meter Dash Midget

3 Tyrell Smikle	Jean Vanier	12.00
4 Mosiah Musgrave-Perry	St. Thomas More	12.19
5 James Swift	Bishop Tonnos	12.34
6 James Mrkobroba	Kings Christian	12.36
7 Emanoeil Khacho	Kings Christian	12.43
-- Ethan Cumming	Kings Christian	FS

Men 200 Meter Dash Midget

16 Advance: Top 1 Each Heat plus Next 9 Best Times

Name	Year School	Prelims	H#
Preliminaries			
1 Michael Chris-Ike	St. Thomas More	24.44Q	7
2 Tyrell Smikle	Jean Vanier	24.62Q	3
3 Ethan Cumming	Kings Christian	24.73Q	4 24.729
4 Aaron Inwood	St. Mary's	24.75Q	6
5 Mosiah Musgrave-Perry	St. Thomas More	25.29Q	5
6 James Mrkobroba	Kings Christian	25.53Q	1
7 Zachary Duke	Christ the King	25.75Q	2
8 James Swift	Bishop Tonnos	24.73q	3 24.728
9 Devon Smith	Cardinal Newman	25.00q	7
10 Isaiah Joseph	Cathedral	25.01q	4
11 Jaxon Ciraola-Brown	Cathedral	25.25q	4
12 Emanoeil Khacho	Kings Christian	25.55q	7
13 Josh Vandergreer	St. Mary's	25.60q	5
14 Taj Adams-Phillips	Kings Christian	25.72q	1
15 Michael Chang	Georgetown	26.49q	3
16 Cail Smith	Nelson	26.51q	4
17 Alex Esemzie	Bishop Reding	26.58	6
18 Kian Monjezi	Aldershot	26.64	5
19 Jodelle Gilliard	Bishop Reding	26.76	3
20 Justin Capizano	Oakville Trafalgar	26.83	1
21 Jack Turchet	Loyola	27.42	7
22 Connor Vandergreer	St. Mary's	27.47	2
23 Brian Le	St. Thomas More	27.59	1
24 Dylan Ferdinand	Blakelock	27.85	2
25 Kyle Sideris	Georgetown	27.90	6
26 Ryan Menne	Loyola	28.08	6
27 Michael Antram	Blakelock	28.17	7
28 Ben Wannan	Blakelock	28.37	3
29 Kyle Fitzgerald	Blakelock	28.40	4
30 Sagar Patel	Dr Frank J H	28.61	1
31 Carter DeForest	Georgetown	28.68	2
32 Pranay Thakker	Dr Frank J H	28.69	6
33 Ziad Azabi	Cardinal Newman	28.91	2
34 Adama Cayenne	Dr Frank J H	28.94	4
35 Anthony Salemi	Bishop Ryan	29.59	3
36 Zack Hollister	Acton	29.66	5
37 Josh Tan Ngo	Jean Vanier	30.03	4
38 Aiden McDonald	Georgetown	31.44	5
39 Jeremy Isaacs	Kings Christian	32.44	6

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Men 200 Meter Dash Midget**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Name	Year School	Semis	H#
Semi-Finals			
1 Michael Chris-Ike	St. Thomas More	24.46Q	1
2 Isaiah Joseph	Cathedral	24.94Q	2
3 Ethan Cumming	Kings Christian	25.00Q	2
4 Aaron Inwood	St. Mary's	25.08Q	1
5 Mosiah Musgrave-Perry	St. Thomas More	25.21Q	1
6 Tyrell Smikle	Jean Vanier	25.45Q	2
7 James Swift	Bishop Tonnos	25.29q	1
8 Devon Smith	Cardinal Newman	25.30q	1
9 Zachary Duke	Christ the King	25.53	2
10 Emanoeil Khacho	Kings Christian	25.73	1
11 Taj Adams-Phillips	Kings Christian	26.04	2
12 Jaxon Ciraola-Brown	Cathedral	26.14	2
13 James Mrkobroba	Kings Christian	26.44	2
14 Michael Chang	Georgetown	26.57	2
15 Cail Smith	Nelson	26.97	1

Men 200 Meter Dash Midget

Name	Year School	Finals
Finals		
1 Michael Chris-Ike	St. Thomas More	24.39
2 Ethan Cumming	Kings Christian	24.97
3 Aaron Inwood	St. Mary's	25.02
4 Devon Smith	Cardinal Newman	25.17
5 Isaiah Joseph	Cathedral	25.19
6 Mosiah Musgrave-Perry	St. Thomas More	25.41
7 Tyrell Smikle	Jean Vanier	25.58
8 James Swift	Bishop Tonnos	25.63

Men 400 Meter Dash Midget

Name	Year School	Finals	H#
1 Skylar Kraus	Acton	55.64	1
2 Devon Smith	Cardinal Newman	55.94	1
3 Josh Vandergreer	St. Mary's	56.90	4
4 Emanoeil Khacho	Kings Christian	57.59	4
5 Taj Adams-Phillips	Kings Christian	58.00	1
6 Sean Vander Glas	Georgetown	59.19	3
7 Zach Bramwell	Brebeuf	59.61	4
8 Diego Nunez	Holy Trinity	59.90	1
9 Kian Monjezi	Aldershot	1:00.00	1
10 Cail Smith	Nelson	1:01.06	4
11 Jordan Dearsley	Kings Christian	1:01.08	2
12 Ryan Menne	Loyola	1:01.96	4
13 Jaxon Ciraola-Brown	Cathedral	1:02.51	2
14 Kenneth Mattira	Brebeuf	1:03.63	4
15 Riley Stringer	Georgetown	1:04.74	3
16 Sang Jun Bak	Georgetown	1:05.35	3

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....Men 400 Meter Dash Midget

17	Shaumar Turner	Blakelock	1:05.56	3
18	Carter DeForest	Georgetown	1:06.80	3
19	Jerard De Villa	Bishop Reding	1:07.19	3
20	Parker Crawford	Oakville Trafalgar	1:09.15	1
21	Mark Randazzo	Bishop Tonnos	1:10.28	2
22	Aiden McDonald	Georgetown	1:13.41	3
23	Carter Ward	Oakville Trafalgar	1:16.07	1
24	Haubi Gelodi	Oakville Trafalgar	1:18.84	2

Men 800 Meter Run Midget

Name	Year	School	Finals	H#
1	Callum MacGregor	Jean Vanier	2:08.55	2
2	David Poloni	Dr Frank J H	2:10.94	2
3	Ryan Were	Nelson	2:11.32	1
4	Skylar Kraus	Acton	2:11.32	1
5	Robert Scott	Garth Webb	2:13.10	2
6	Sean Vander Glas	Georgetown	2:13.41	2
7	Jordan Dearsley	Kings Christian	2:18.04	2
8	Tristan Fowler	White Oaks	2:22.07	1
9	Justin Burgess	Blakelock	2:23.27	2
10	Noah Britt	Brebeuf	2:23.55	2
11	Jack Guimaraes	Abbey Park	2:24.97	1
12	Kyle Zammit	Bishop Reding	2:25.04	2
13	Riley Stringer	Georgetown	2:25.48	2
14	Carson Terry	Blakelock	2:25.56	2
15	Shaumar Turner	Blakelock	2:28.80	2
16	Ethan Cameron	Kings Christian	2:29.23	2
17	Dakota Matias	Cathedral	2:31.40	1
18	Brayden McGuire	Georgetown	2:33.59	1
19	Gavin McKay	Garth Webb	2:34.27	2
20	Andrew Owen	Abbey Park	2:35.74	1
21	Andrew Kitchner	Kings Christian	2:36.64	1
22	Michael Merrick	Oakville Trafalgar	2:37.09	1
23	Parker Crawford	Oakville Trafalgar	2:37.98	1
24	Nicholas Pontillo	Cardinal Newman	2:38.30	1
25	Andrew Clewes	White Oaks	2:42.34	2
26	Josh Tan Ngo	Jean Vanier	2:42.62	2
27	Charlie Violin	Aquinas	2:43.65	2
28	Ravi Patel	Oakville Trafalgar	2:49.41	1

Men 1500 Meter Run Midget

Name	Year	School	Finals	H#
1	Alex Broekhuysse	St. Thomas More	4:21.71	2
2	Liam Donnelly	St. Mary's	4:22.35	2
3	Callum MacGregor	Jean Vanier	4:23.18	2
4	David Poloni	Dr Frank J H	4:24.51	2
5	Ryan Were	Nelson	4:28.18	1
6	Sean Vander Glas	Georgetown	4:40.20	2
7	Robert Scott	Garth Webb	4:40.53	2
8	Daniel Tarazuzzi	Loyola	4:52.06	2

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....Men 1500 Meter Run Midget

9	Jordan Dearsley	Kings Christian	4:52.32	1
10	Tanner Ellis	Christ the King	4:56.38	1
11	Noah Britt	Brebeuf	4:56.85	1
12	Kyle Zammit	Bishop Reding	4:59.37	2
13	James Cooke	Dr Frank J H	5:01.49	2
14	Justin Burgess	Blakelock	5:07.21	2
15	Alex Manecuta	Blakelock	5:08.15	2
16	Jack Guimaraes	Abbey Park	5:08.32	1
17	Josh Foreman	Corpus Christi	5:11.07	1
18	Riley Stringer	Georgetown	5:12.89	2
19	Gavin McKay	Garth Webb	5:14.33	2
20	Ryan Baldwin	Georgetown	5:14.35	1
21	Carson Terry	Blakelock	5:15.50	2
22	Ben Mora Davison	craig kielbu	5:16.95	2
23	Sebastian Sanchez	Loyola	5:19.95	2
24	Andrew Owen	Abbey Park	5:23.94	1
25	Michael Merrick	Oakville Trafalgar	5:32.70	1
26	Dakota Matias	Cathedral	5:35.34	2
27	Andrew Kitchner	Kings Christian	5:40.67	1
28	Carter Ward	Oakville Trafalgar	5:45.61	1
29	Ravi Patel	Oakville Trafalgar	5:48.49	1
30	Kyle Fernandes	Cathedral	5:55.93	1

Men 3000 Meter Run Midget

Name	Year	School	Finals
1	Callum MacGregor	Jean Vanier	9:42.32
2	Liam Donnelly	St. Mary's	9:47.02
3	David Poloni	Dr Frank J H	9:47.04
4	Alex Broekhuysse	St. Thomas More	9:49.43
5	Ryan Were	Nelson	10:14.51
6	Daniel Tarazuzzi	Loyola	10:27.19
7	James Cooke	Dr Frank J H	10:29.25
8	Robert Scott	Garth Webb	11:04.12
9	Noah Britt	Brebeuf	11:05.03
10	Ryan Baldwin	Georgetown	11:11.95
11	Jack Guimaraes	Abbey Park	11:21.16
12	Brayden McGuire	Georgetown	11:46.56
13	Michael Merrick	Oakville Trafalgar	11:47.94
14	Ben Mora Davison	craig kielbu	12:24.23
15	Ravi Patel	Oakville Trafalgar	12:37.37
16	James McLean	Oakville Trafalgar	13:15.49
--	Andrew Owen	Abbey Park	DNF
--	Alex Manecuta	Blakelock	DNF

Men 100 Meter Hurdles Midget

Name	Year	School	Finals	H#
1	Stephen Krebs	Brebeuf	15.81	2
2	Michael Verduyn	Nelson	16.81	2
3	Daniel Tibay	Bishop Tonnos	16.86	1
4	Benjamin Ray	Christ the King	18.73	1

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....Men 100 Meter Hurdles Midget

5	Andrew Carey	Burlington Central	18.97	2
6	Connor Lawrence	Dr Frank J H	19.31	2
7	Anthony Salemi	Bishop Ryan	19.77	2
8	Sagar Patel	Dr Frank J H	20.21	1
9	Luca Constantino	Notre Dame	20.37	2
10	Shreyan Kantaria	Oakville Trafalgar	22.38	2

Men 300 Meter Hurdles Midget

Name	Year School	Finals	H#
1	Stephen Krebs	Brebeuf	46.87 2
2	Connor Lawrence	Dr Frank J H	49.64 1
3	Tony Peixe	Bishop Reding	49.66 2
4	Andrew Carey	Burlington Central	50.04 2
5	Michael Chang	Georgetown	50.08 1
6	Benjamin Ray	Christ the King	51.20 1
7	Justin Burgess	Blakelock	52.06 2
8	Anthony Salemi	Bishop Ryan	52.74 1
9	Jaeger Campagna	Burlington Central	54.75 2
10	Mohit Kepur	Oakville Trafalgar	55.97 2
11	Jerard De Villa	Bishop Reding	58.48 2

Men 4x100 Meter Relay Midget

School	Finals	H#
1	St. Mary's 'A'	47.74 2
2	St. Thomas More 'A'	47.81 2
3	Kings Christian 'A'	47.92 1
4	Brebeuf 'A'	49.53 2
5	Nelson 'A'	50.00 2
6	Jean Vanier Catholic S.S. 'A'	50.53 2
7	Bishop Reding 'A'	50.97 1
8	Dr Frank J Hayden SS 'A'	52.65 1
9	Burlington Central 'A'	53.36 1
10	Loyola 'A'	53.71 2
11	Georgetown 'A'	53.88 1
12	Blakelock 'A'	53.97 1
--	Cathedral 'A'	DQ 2 Zone 1 & 2- too late
--	craig kielburger s s 'A'	DQ 1 Zone 1-too early

Men High Jump Midget

Name	Year School	Finals
1	Samantha Villa	craig kielbu 1.70m
		1.30 1.35 1.40 1.45 1.50 1.55 1.60 1.65 1.70 1.75
		o o o o o o o o o XO XXX
2	Quinn Hiemstra	craig kielbu 1.65m
		1.30 1.35 1.40 1.45 1.50 1.55 1.60 1.65 1.70
		o o o o o XO XO o XXX

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....Men High Jump Midget

3	Andrew Glanville	Brebeuf	1.60m
	1.30 1.35 1.40 1.45 1.50 1.55 1.60 1.65		
	O XO P P O O XO XXX		
4	Stephen Krebs	Brebeuf	1.55m
	1.30 1.35 1.40 1.45 1.50 1.55 1.60		
	P O O O O XXO XXX		
5	Benjamin Ray	Christ the King	J1.55m
	1.30 1.35 1.40 1.45 1.50 1.55 1.60		
	P O O XO O XXO XXX		
6	Stefan Kojovic	Blakelock	1.50m
	1.30 1.35 1.40 1.45 1.50 1.55		
	O O O O O XXX		
7	Jake Walczak	Brebeuf	1.45m
	1.30 1.35 1.40 1.45 1.50		
	O XO O O XXX		
7	Cem Toran	White Oaks	1.45m
	1.30 1.35 1.40 1.45 1.50 1.55		
	O XO O O XXP X		

Men Long Jump Midget

Name	Year	School	Finals
1 Phillip Busky		St. Mary's	5.72m
	4.87m 5.24m 5.45m 5.56m		5.72m 5.55m
2 Mathieu Marek		Iroquois Ridge	5.52m
	5.12m 5.52m 5.25m 5.38m		4.93m 5.34m
3 Zachary Duke		Christ the King	5.50m
	4.57m 4.97m 5.50m 5.12m		4.85m 5.10m
4 Thomas Young		Notre Dame	5.43m
	4.66m 5.15m 5.22m 5.43m		FOUL FOUL
5 Quinn Hiemstra		craig kielbu	5.14m
	4.81m 5.10m 5.14m 5.10m		5.11m FOUL
6 Sparsh Kapar		craig kielbu	J5.14m
	4.68m FOUL 4.92m FOUL		5.14m 4.80m
7 Prosper Mbai		Cathedral	4.96m
	4.96m FOUL 4.76m 4.78m		4.35m 4.95m
8 Ben Mora Davison		craig kielbu	4.92m
	4.45m 4.68m 4.92m 4.86m		4.67m 4.84m
9 Andrew Glanville		Brebeuf	4.90m
	4.71m 4.90m 4.57m		
10 Zanyah Jones		Cathedral	4.88m
	4.32m 4.66m 4.88m		
11 Taj Adams-Phillips		Kings Christian	4.87m
	FOUL FOUL 4.87m		
12 Shaumar Turner		Blakelock	4.75m
	FOUL 3.80m 4.75m		
13 Nolan Ross		Dr Frank J H	4.64m
	FOUL 4.64m FOUL		
14 Alex Esemezie		Bishop Reding	4.55m
	FOUL 4.42m 4.55m		
15 Jordan Robbins		M. M. Robinson	4.49m
	FOUL 4.34m 4.49m		

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....Men Long Jump Midget

16 Nile Day	Milton	4.47m
4.35m 4.47m 4.11m		
17 Pranay Thakker	Dr Frank J H	4.45m
4.24m FOUL 4.45m		
18 Cem Toran	White Oaks	4.43m
4.31m 4.10m 4.43m		
19 Jake Walczak	Brebeuf	4.38m
FOUL 3.93m 4.38m		
20 Ethan Cameron	Kings Christian	4.38m
4.38m FOUL FOUL		
21 Nicholas Paul	craig kielbu	4.34m
3.63m 4.34m		
22 Nathan Williams	Christ the King	4.28m
4.28m FOUL FOUL		
23 Ethan Wilson	craig kielbu	4.27m
3.89m 4.27m FOUL		
24 Mitchell Brewster	Georgetown	4.25m
FOUL 4.15m 4.25m		
25 Tatenda Dandato	Bishop Ryan	4.20m
4.16m 4.20m 4.11m		
26 Ziad Azabi	Cardinal Newman	4.13m
3.37m 4.13m		
27 Nicholas Pontillo	Cardinal Newman	3.93m
FOUL FOUL 3.93m		
28 Kyle Fitzgerald	Blakelock	3.85m
FOUL 3.85m		
29 Zack Cole	Kings Christian	3.78m
3.78m FOUL		
30 Matthew Pham	Burlington Central	3.74m
3.74m FOUL FOUL		
31 Ben Wannan	Blakelock	3.43m
3.43m FOUL		
32 Jordan Barton	Notre Dame	3.28m
3.28m FOUL		
33 Leo Petrovic	Brebeuf	3.20m
3.20m FOUL FOUL		
-- Jodelle Gilliard	Bishop Reding	FOUL
FOUL FOUL FOUL		

Men Triple Jump Midget

=====							
Name	Year	School					Finals
=====							
1 Quinn Hiemstra		craig kielbu					11.57m
10.85m FOUL 11.57m	11.32m	11.41m	11.16m				
2 Mathieu Marek		Iroquois Ridge					11.54m
11.28m FOUL 11.33m	11.54m	11.13m	FOUL				
3 Kenneth Mattira		Brebeuf					10.42m
9.82m 9.81m FOUL 10.05m	9.49m	10.42m					
4 Ben Wannan		Blakelock					10.00m
9.98m 9.61m 10.00m	9.82m	9.95m	FOUL				
5 Ethan Cameron		Kings Christian					9.97m
9.74m 9.43m 9.70m	9.97m	9.84m	9.97m				

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....Men Triple Jump Midget

6	Zach Bramwell				Brebeuf	9.89m
	9.70m	9.89m	9.71m	9.53m	FOUL	9.56m
7	Nicholas Paul				craig kielbu	9.80m
	FOUL	9.64m	9.80m	8.88m	FOUL	9.15m
8	Jaeger Campagna				Burlington Central	9.70m
	9.70m	9.27m	9.06m	FOUL	FOUL	FOUL
9	Jordan Robbins				M. M. Robinson	9.53m
	9.33m	9.53m	FOUL			
10	Zack Cole				Kings Christian	8.80m
	FOUL	8.80m	FOUL			
--	Nolan Ross				Dr Frank J H	FOUL
	FOUL	FOUL	FOUL			

Men Shot Put Midget

Name	Year	School	Finals
1 John Mansilla		Brebeuf	11.73m
	11.26m	11.32m	FOUL
	9.57m	10.67m	11.73m
2 Dylan Ferdinand		Blakelock	10.78m
	9.97m	9.88m	PASS
	FOUL	10.78m	10.69m
3 Noah Landman		Burlington Central	10.40m
	10.20m	PASS	PASS
	9.46m	10.40m	10.35m
4 Stefan Kojovic		Blakelock	10.38m
	9.59m	10.09m	9.71m
	9.57m	10.38m	10.28m
5 Jake Walczak		Brebeuf	10.10m
	9.54m	9.19m	9.67m
	9.57m	9.79m	10.10m
6 Leo Petrovic		Brebeuf	9.85m
	9.69m	9.59m	9.85m
	9.22m	9.07m	9.60m
7 Devan Dhindsa		Kings Christian	9.71m
	9.22m	6.76m	9.71m
	9.24m	9.08m	9.54m
8 Mitchell Brewster		Georgetown	9.58m
	9.25m	9.52m	9.58m
	9.14m	FOUL	FOUL
9 Jake Alfano		Brebeuf	9.32m
	9.25m	9.18m	9.32m
10 Brayden McGuire		Georgetown	9.30m
	9.30m	9.22m	8.93m
11 Ryan Baldwin		Georgetown	7.98m
	7.74m	7.98m	7.36m
12 Owen Jarvis		St. Thomas More	7.63m
	7.21m	7.20m	7.63m
13 Ben Laxton		Georgetown	7.32m
	6.88m	7.32m	7.16m

Men Discus Throw Midget

Name	Year	School	Finals
1 Jake Alfano		Brebeuf	35.90m
	34.82m	30.15m	26.73m
	35.90m	FOUL	31.70m
2 John Mansilla		Brebeuf	34.20m
	28.09m	29.99m	34.20m
	33.40m	28.59m	29.82m
3 Ujash Sooriya		Georgetown	32.75m
	FOUL	28.94m	FOUL
	24.51m	FOUL	32.75m

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....Men Discus Throw Midget

4	Devan Dhindsa		Kings Christian	28.17m
	23.57m	FOUL	24.18m 26.07m	FOUL 28.17m
5	Ben Laxton		Georgetown	20.68m
	17.63m	20.68m	FOUL FOUL	16.74m FOUL
6	Max Fusaro		Bishop Tonnos	20.08m
	16.84m	16.78m	18.02m 18.59m	20.08m 18.98m
7	Liam Simpson		Bishop Tonnos	15.10m
	FOUL	14.45m	13.36m FOUL	14.28m 15.10m
--	Leo Petrovic		Brebeuf	FOUL
	FOUL	FOUL	FOUL FOUL	FOUL FOUL

Men Javelin Throw Midget

Name	Year	School	Finals
1 Daniel Tibay		Bishop Tonnos	34.96m
	34.31m	30.02m	FOUL 34.90m
			FOUL 34.96m
2 Owen Jarvis		St. Thomas More	34.66m
	30.32m	34.66m	26.72m FOUL
			34.16m 32.76m
3 Stefan Kojovic		Blakelock	33.50m
	29.00m	31.35m	27.40m 31.32m
			33.50m 30.20m
4 Ujash Sooriya		Georgetown	31.17m
	30.48m	30.20m	31.17m FOUL
			24.16m 20.40m
5 Jake Alfano		Brebeuf	30.14m
	30.14m	27.22m	22.38m 23.64m
			FOUL FOUL
6 Mitchell Brewster		Georgetown	26.76m
	15.80m	22.94m	FOUL FOUL
			26.76m 20.00m
7 Ben Laxton		Georgetown	22.42m
	FOUL	21.22m	FOUL 15.34m
			FOUL 22.42m
8 Liam Simpson		Bishop Tonnos	14.90m
	FOUL	FOUL	14.90m FOUL
			13.53m 14.05m

Men 100 Meter Dash Junior

16 Advance: Top 1 Each Heat plus Next 9 Best Times

Name	Year	School	Prelims	H#
Preliminaries				
1 Matt Creelman		Holy Trinity	11.41Q	7
2 Austin Irvine		Abbey Park	11.69Q	6
3 Daniel Skuse		Bishop Tonnos	11.73Q	2
4 Kyle Rioux		Garth Webb	11.75Q	1
5 Adam Czach		Holy Trinity	11.80Q	3
6 Tohma VanBergen		Bateman	11.86Q	4
7 Tristen Giusto		Cathedral	12.46Q	5
8 Ian Kokoski		Brebeuf	12.02q	1
9 Darius Francis-Gray		Bateman	12.15q	1
10 Alex Gransiuk		Bateman	12.24q	2
11 Grant Vassos		Iroquois Ridge	12.29q	2
12 Dante Marrasso		Bishop Tonnos	12.31q	3
13 Nicholas Lorroway		Iroquois Ridge	12.37q	6
14 David Lacharity		Brebeuf	12.42q	3
15 Matt Wright		Corpus Christi	12.50q	4
16 Jack Fletcher		Notre Dame	12.52q	4

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17	Niall Hynes	Burlington Central	12.53	6
18	Adam Nemcsek	Garth Webb	12.55	4
19	Xavier Ochu	Bishop Reding	12.56	5
20	Dillon Summers	Assumption	12.59	7
21	Kellan Royds	White Oaks	12.62	4
22	Anthony Vespa	Bishop Tonnos	12.65	6
23	Sebastien Contin	Holy Trinity	12.66	2
24	Lucas Ayub Ungaretti	Burlington Central	12.83	7
25	Bobby Jarrett	craig kielbu	12.85	6
26	Brian Palacios	Brebeuf	12.92	5
27	Dylan Matthews	Blakelock	12.96	5
28	Coleman McNevin	Blakelock	12.97	3
29	Andrei Alexe	Bishop Ryan	13.19	3
30	Jake Bisto	Dr Frank J H	13.23	1
31	Nick Furtado	Bishop Tonnos	13.29	5
32	Adrian Flaherty	Holy Trinity	13.34	5
33	Clark Marner	Blakelock	13.36	4
34	Darshin Patel	Nelson	13.37	1
35	Suhayb Arif	Dr Frank J H	13.41	3
36	Ahmed Shoeib	Dr Frank J H	13.51	2
37	Alex Costello	Georgetown	13.56	2
38	Mohammed Khan	Milton	13.59	4
39	Aaron Titone	Bishop Ryan	13.67	7
40	Christopher Kalil	Aldershot	13.69	3
41	Diego Ponce	Holy Trinity	13.81	4
42	Carter DeForest	Georgetown	14.24	3
43	Justin Lee	Abbey Park	14.42	2

Men 100 Meter Dash Junior

8 Advance: Top 3 Each Heat plus Next 2 Best Times

=====				
Name	Year	School	Semis	H#
=====				

Semi-Finals

1	Matt Creelman	Holy Trinity	11.45Q	2	
2	Austin Irvine	Abbey Park	11.75Q	1	
3	Adam Czach	Holy Trinity	11.68Q	2	
4	Daniel Skuse	Bishop Tonnos	11.76Q	1	
5	Tohma VanBergen	Bateman	11.94Q	1	
6	Kyle Rioux	Garth Webb	11.97Q	2	
7	Ian Kokoski	Brebeuf	12.13q	2	
8	Darius Francis-Gray	Bateman	12.24q	2	
9	Grant Vassos	Iroquois Ridge	12.40	1	12.394
10	Alex Gransiuk	Bateman	12.40	1	12.399
11	Dante Marrazzo	Bishop Tonnos	12.44	2	
12	David Lacharity	Brebeuf	12.50	1	
13	Jack Fletcher	Notre Dame	12.54	2	
14	Matt Wright	Corpus Christi	12.55	1	
15	Tristen Giusto	Cathedral	12.58	1	
16	Nicholas Lorroway	Iroquois Ridge	12.60	2	

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Men 100 Meter Dash Junior

Name	Year School	Finals
Finals		
1 Matt Creelman	Holy Trinity	11.27
2 Adam Czach	Holy Trinity	11.50
3 Austin Irvine	Abbey Park	11.58
4 Daniel Skuse	Bishop Tonnos	11.68
5 Tohma VanBergen	Bateman	11.72
6 Kyle Rioux	Garth Webb	11.89
7 Ian Kokoski	Brebeuf	12.08
8 Darius Francis-Gray	Bateman	12.12

Men 200 Meter Dash Junior

16 Advance: Top 2 Each Heat plus Next 4 Best Times

Name	Year School	Prelims	H#
Preliminaries			
1 Adam Czach	Holy Trinity	23.97Q	5
2 Matt Creelman	Holy Trinity	24.22Q	3
3 Tohma VanBergen	Bateman	24.29Q	2
4 Austin Irvine	Abbey Park	24.30Q	1
5 Nick Spencer	Bishop Reding	24.72Q	4
6 Clark Marner	Blakelock	26.21Q	6
7 Joseph Gillard	Bishop Reding	24.64Q	3
8 Grant Vassos	Iroquois Ridge	25.06Q	2
9 Nicholas Lorroway	Iroquois Ridge	25.18Q	1
10 Daniel Skuse	Bishop Tonnos	25.40Q	5
11 Jared Kay	Notre Dame	26.51Q	4
12 Nick Furtado	Bishop Tonnos	27.29Q	6
13 Kyle Rioux	Garth Webb	24.88q	3
14 Eric Merritt	Brebeuf	25.72q	5
15 Jack Fletcher	Notre Dame	25.73q	2
16 Tristen Giusto	Cathedral	25.79q	5
17 TJ Claxton	Brebeuf	25.90	1
18 Coleman McNevin	Blakelock	26.15	2
19 Anthony Vespa	Bishop Tonnos	26.46	1
20 Bobby Jarrett	craig kielbu	26.66	2
21 Ethan Hesse	Dr Frank J H	26.77	3
22 Andrei Alexe	Bishop Ryan	26.82	2
23 Matt Wright	Corpus Christi	27.07	2
24 Jacob Pinter	Bishop Ryan	27.08	4
25 Austin Papalazarou	Bishop Ryan	27.23	3
26 Adam Vieira	Abbey Park	27.24	2
27 Dylan Matthews	Blakelock	27.43	3
28 Cameron Kemp	Assumption	27.44	4
29 Suhayb Arif	Dr Frank J H	27.61	4
30 Alex Costello	Georgetown	27.84	6
31 Michael Dodaro	Iroquois Ridge	28.36	4
32 Sang Jun Bak	Georgetown	28.42	1
33 Ahmed Shoeib	Dr Frank J H	28.83	5
34 Adam Gallant	Garth Webb	29.17	5
35 Michael Bonomo	Bishop Ryan	29.62	1
36 Atif Khan	Garth Webb	33.87	4

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Men 200 Meter Dash Junior**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Name	Year School	Semis	H#
Semi-Finals			
1 Austin Irvine	Abbey Park	23.87Q	2
2 Tohma VanBergen	Bateman	24.68Q	1
3 Adam Czach	Holy Trinity	24.20Q	2
4 Joseph Gillard	Bishop Reding	24.69Q	1
5 Nick Spencer	Bishop Reding	24.76Q	2
6 Eric Merritt	Brebeuf	25.91Q	1
7 Kyle Rioux	Garth Webb	25.06q	2
8 Nicholas Lorroway	Iroquois Ridge	25.21q	2
9 Grant Vassos	Iroquois Ridge	25.41	2
10 Tristen Giusto	Cathedral	25.94	2
11 Jack Fletcher	Notre Dame	26.10	1
12 Clark Marner	Blakelock	26.42	1
13 Nick Furtado	Bishop Tonnos	27.90	2

Men 200 Meter Dash Junior

Name	Year School	Finals
Finals		
1 Austin Irvine	Abbey Park	24.14
2 Tohma VanBergen	Bateman	24.75
3 Adam Czach	Holy Trinity	24.76
4 Joseph Gillard	Bishop Reding	25.28
5 Nick Spencer	Bishop Reding	25.47
6 Kyle Rioux	Garth Webb	25.55
7 Eric Merritt	Brebeuf	26.02
8 Nicholas Lorroway	Iroquois Ridge	26.14

Men 400 Meter Dash Junior

Name	Year School	Finals	H#
1 Connor Hicks	Blakelock	54.57	3
2 Patrick Cupido	Brebeuf	55.36	3
3 John Hernandez	St. Thomas More	58.54	3
4 Michael Salamun	Bishop Reding	58.81	3
5 Jacob Pinter	Bishop Ryan	59.66	1
6 Eric Merritt	Brebeuf	1:00.21	3
7 Adam Nencsek	Garth Webb	1:00.78	2
8 Spencer Caldwell	Pearson	1:00.80	1
9 Anthony Vespa	Bishop Tonnos	1:00.84	2
10 Blake Hambly	Bishop Tonnos	1:01.09	1
11 Alex Costello	Georgetown	1:01.73	2
12 Adam Vieira	Abbey Park	1:03.12	2
13 Eric Salkovic	Milton	1:03.62	3
14 Gianni Gabriele	St. Thomas More	1:04.35	3
15 Michael Bonomo	Bishop Ryan	1:08.71	1
16 Tim Soudalany	Cathedral	1:09.93	2
17 Justin Lee	Abbey Park	1:11.43	1
18 John Vasquez	Cardinal Newman	1:14.70	1

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....Men 400 Meter Dash Junior

19 Atif Khan	Garth Webb	1:15.90	2
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Men 800 Meter Run Junior

Name	Year	School	Finals	H#
1 Brayden Tiels		Garth Webb	2:06.98	2
2 Connor Hicks		Blakelock	2:08.65	2
3 Evan Notley		Garth Webb	2:10.12	2
4 Adam Sunavsky		Bishop Ryan	2:10.16	1
5 Jayden Wiggins		Loyola	2:12.45	2
6 John Hernandez		St. Thomas More	2:12.94	2
7 Nicholas Barbieri		St. Thomas More	2:13.76	2
8 Adam Villedella		Cardinal Newman	2:17.27	1
9 Blake Hambly		Bishop Tonnos	2:18.72	1
10 William D\'Alessandro		Bishop Ryan	2:22.55	1
11 Nick Thompson		Aldershot	2:25.95	1
12 Gianni Gabriele		St. Thomas More	2:28.03	2
13 Daniel Sanchez		Bishop Ryan	2:33.88	2
14 Spencer Caldwell		Pearson	2:38.08	1
15 Kosta Karolidis		Kings Christian	2:41.94	1
16 Kenneth Muchuku		Cardinal Newman	2:42.12	1
17 Thomas Merry		Dr Frank J H	2:42.30	2
18 Eric Salkovic		Milton	2:46.78	1
19 Justin Lee		Abbey Park	2:56.90	1

Men 1500 Meter Run Junior

Name	Year	School	Finals
1 Brayden Tiels		Garth Webb	4:29.36
2 Adam Sunavsky		Bishop Ryan	4:33.32
3 Nicholas Barbieri		St. Thomas More	4:40.95
4 Jayden Wiggins		Loyola	4:41.68
5 Adam Villedella		Cardinal Newman	4:48.97
6 William D\'Alessandro		Bishop Ryan	4:50.52
7 Nick Thompson		Aldershot	4:52.15
8 Kai VanBergen		Bateman	4:56.81
9 Michael Salamun		Bishop Reding	4:58.00
10 Josh Howson		Georgetown	5:01.23
11 Michael Dodaro		Iroquois Ridge	5:09.28
12 Daniel Sanchez		Bishop Ryan	5:11.98
13 James Sinclair		St. Mary's	5:12.56
14 Christian Fornasari		Loyola	5:23.45
15 Kosta Karolidis		Kings Christian	5:26.37
16 Liam Sykes		Milton	5:38.81
17 Eric Salkovic		Milton	5:40.07
18 Kenneth Muchuku		Cardinal Newman	5:48.14
19 Shaun Moffatt		Brebeuf	5:56.68

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Men 3000 Meter Run Junior

Name	Year	School	Finals
1 Adam Sunavsky		Bishop Ryan	10:05.35
2 Nick Thompson		Aldershot	10:32.75
3 William D\'Alessandro		Bishop Ryan	10:33.73
4 Daniel Sanchez		Bishop Ryan	11:27.72
5 Kai VanBergen		Bateman	11:28.96
6 Jacob Glasek		Holy Trinity	12:11.88

Men 100 Meter Hurdles Junior

Name	Year	School	Finals	H#
1 David Lacharity		Brebeuf	15.60	2
2 TJ Claxton		Brebeuf	16.24	2
3 Patrick Cupido		Brebeuf	16.62	2
4 Jake Donohue		Aquinas	16.79	2
5 Austin Papalazarou		Bishop Ryan	16.95	2
6 Justin Nash		Brebeuf	17.28	2
7 Steve Mahoney		Holy Trinity	17.68	1
8 Jim Finch		Dr Frank J H	18.78	1
9 Tristen Giusto		Cathedral	18.90	1
10 Jared Kay		Notre Dame	19.84	2
11 Ethan Maclean		Assumption	20.22	1
12 Jake Bisto		Dr Frank J H	20.67	1
13 Connor Forsythe		Milton	21.29	1
14 Travis Reis		Bateman	31.19	2

Men 300 Meter Hurdles Junior

Name	Year	School	Finals	H#
1 Patrick Cupido		Brebeuf	44.81	3
2 Connor Martin		Abbey Park	46.24	2
3 Joseph Gillard		Bishop Reding	46.49	3
4 TJ Claxton		Brebeuf	46.53	2
5 Justin Nash		Brebeuf	46.97	2
6 Steve Mahoney		Holy Trinity	47.70	3
7 Adam Nemcsek		Garth Webb	48.99	3
8 Matthew McDonald		Bishop Ryan	49.22	2
9 Ethan Maclean		Assumption	51.01	2
10 Adam Vieira		Abbey Park	51.27	2
11 Daniil Shesterinin		Bishop Reding	51.98	3
12 Jake Bisto		Dr Frank J H	52.30	2
13 Travis Reis		Bateman	52.38	3
14 Connor Forsythe		Milton	52.56	3
15 Thomas Merry		Dr Frank J H	53.96	3
16 Tim Soudalany		Cathedral	1:05.97	2

Men 4x100 Meter Relay Junior

School	Finals	H#
1 Brebeuf 'A'	46.98	2

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....Men 4x100 Meter Relay Junior

2	Bishop Tonnos 'A'	47.03	1
3	Bateman 'A'	47.06	2
4	Bishop Reding 'A'	47.34	2
5	Holy Trinity 'A'	47.80	2
6	Assumption 'A'	48.49	1
7	Garth Webb 'A'	48.74	2
8	Iroquois Ridge 'A'	49.26	1
9	Burlington Central 'A'	49.62	2
10	Notre Dame 'A'	50.12	2
11	Abbey Park 'A'	50.16	1
12	Dr Frank J Hayden SS 'A'	51.48	1
13	Bishop Ryan 'A'	52.00	2

Men High Jump Junior

Name	Year	School	Finals
1 Jordan Brathwaite		Bishop Reding	1.70m
1.40 1.45 1.50 1.55 1.60 1.65 1.70 1.75			
P P O O XO O XXO XXX			
2 Christian David		Bishop Reding	1.65m
1.40 1.45 1.50 1.55 1.60 1.65 1.70			
P P O O O XXO XXX			
3 Bobby Jarrett		craig kielbu	J1.65m
1.40 1.45 1.50 1.55 1.60 1.65 1.70			
P O XO O XO XXO XXX			
4 Justin Nash		Brebeuf	1.55m
1.40 1.45 1.50 1.55 1.60			
O O XO O XXX			
5 Eric Merritt		Brebeuf	J1.55m
1.40 1.45 1.50 1.55 1.60			
P P P XXO XXX			
6 Zach Datars		Nelson	1.50m
1.40 1.45 1.50 1.55			
O O O XXX			
7 Alvin Lazaro		Bishop Reding	1.45m
1.40 1.45 1.50			
XXP O XXX			
8 Matthew McDonald		Bishop Ryan	J1.45m
1.40 1.45 1.50			
O XO XXX			
9 David Lacharity		Brebeuf	1.40m
1.40 1.45			
O XXX			
9 Austin Papalazarou		Bishop Ryan	1.40m
1.40 1.45			
O XXX			

Men Long Jump Junior

Name	Year	School	Finals
1 Darius Francis-Gray		Bateman	5.76m
5.56m 5.76m 5.37m 5.12m 5.51m 5.49m			

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....Men Long Jump Junior

2	Ian Kokoski				Brebeuf	5.55m
		FOUL	5.29m	5.39m	FOUL	5.55m
3	Kellan Royds				White Oaks	5.53m
		5.53m	FOUL	4.77m	4.61m	5.06m
4	Nick Spencer				Bishop Reding	5.52m
		5.20m	4.84m	5.23m	5.46m	5.27m 5.52m
5	Eric Bernhardt				Nelson	5.46m
		5.23m	5.21m	5.22m	5.46m	4.95m 5.20m
6	Josh Howson				Georgetown	5.27m
		4.83m	5.00m	5.27m	5.03m	4.61m 4.61m
7	Niall Hynes				Burlington Central	5.20m
		5.20m	5.11m	FOUL	5.05m	4.85m 4.93m
8	Christian David				Bishop Reding	5.16m
		5.14m	5.16m	5.12m	4.97m	4.86m 3.96m
9	Levi Schenk				Kings Christian	5.14m
		5.14m	4.92m	4.95m		
10	Matthew McDonald				Bishop Ryan	5.07m
		5.07m	4.84m	4.66m		
11	Dami Abdul				Bishop Reding	4.98m
		4.98m	4.85m	4.43m		
12	Lucas Ayub Ungaretti				Burlington Central	4.92m
		4.80m	4.63m	4.92m		
13	Jim Finch				Dr Frank J H	4.85m
		3.97m	4.75m	4.85m		
14	Collin Fisher				Burlington Central	4.79m
		4.56m	4.62m	4.79m		
15	Peter Dabic				Assumption	4.75m
		4.46m	4.58m	4.75m		
16	Travis Reis				Bateman	4.67m
		4.67m	3.58m	FOUL		
17	Tim Soudalany				Cathedral	4.55m
		4.55m	3.74m	4.21m		
18	Michael Bonomo				Bishop Ryan	J4.55m
		4.55m	3.70m	FOUL		
19	Jon Molkoski				Milton	4.50m
		FOUL	4.37m	4.50m		
20	Mohammed Khan				Milton	4.49m
		4.49m	3.15m	3.97m		
21	Alex Mo				Dr Frank J H	4.47m
		4.46m	4.47m	4.01m		
22	Ethan Hesse				Dr Frank J H	J4.47m
		4.18m	4.24m	4.47m		
23	Ben Bacquain				Burlington Central	4.46m
		4.23m	4.28m	4.46m		
24	Nathan Hopper				Burlington Central	4.40m
		FOUL	4.40m	4.35m		
25	Dylan Matthews				Blakelock	4.30m
		4.30m	3.73m	2.88m		
26	Diego Ponce				Holy Trinity	4.20m
		FOUL	4.20m	3.95m		
27	Sebastien Contin				Holy Trinity	3.92m
		FOUL	3.79m	3.92m		
28	Rashid Khamis				Garth Webb	3.24m
		3.24m	FOUL	FOUL		

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Men Triple Jump Junior

Name	Year	School	Finals
1 Levi Schenk		Kings Christian	12.05m
11.52m 11.27m 10.89m 11.14m 11.52m 12.05m			
2 Josh Howson		Georgetown	11.61m
11.28m 11.02m 10.93m 11.18m 11.59m 11.61m			
3 Nick Spencer		Bishop Reding	11.32m
10.92m 11.32m 10.91m 10.26m 11.01m 10.89m			
4 Ian Kokoski		Brebeuf	10.88m
9.38m 10.08m FOUL 10.38m 10.36m 10.88m			
5 Kellan Royds		White Oaks	10.75m
10.75m 10.44m 10.61m FOUL 10.55m 10.36m			
6 Christian David		Bishop Reding	10.69m
10.54m 10.69m 10.39m 10.12m 10.18m 9.29m			
7 Jordan Brathwaite		Bishop Reding	10.46m
9.76m 10.46m 9.94m 10.16m FOUL FOUL			
8 Connor Forsythe		Milton	8.98m
8.98m 8.60m 8.62m 8.69m 8.84m FOUL			

Men Shot Put Junior

Name	Year	School	Finals
1 Cameron Madruga		Blakelock	14.86m
14.16m 14.86m FOUL FOUL FOUL FOUL			
2 Mitchell Thiele		Cardinal Newman	13.92m
FOUL 13.92m 13.77m 13.00m FOUL 13.63m			
3 Justin Carr		Burlington Central	12.91m
11.63m 12.91m 11.54m 11.95m 12.52m 12.03m			
4 Collin Fisher		Burlington Central	12.84m
11.14m 11.62m 10.95m 12.84m 10.83m 11.13m			
5 John Diberardo		Brebeuf	12.47m
10.80m 9.96m 11.70m 10.81m 12.47m 12.34m			
6 Daniel Rhynold		Acton	12.26m
11.57m 11.74m 11.42m 12.15m 12.26m 11.69m			
7 Max Theune		Blakelock	12.17m
11.80m 11.18m 12.04m 12.17m 11.97m 11.98m			
8 Ryan Gallagher		Brebeuf	11.83m
10.92m 11.83m 10.47m 10.84m 10.93m 11.50m			
9 Massi Montanari		Holy Trinity	11.51m
8.24m 11.51m 10.26m			
10 Daniil Shesterinin		Bishop Reding	11.43m
11.43m 11.20m FOUL			
11 Patrick Murphy		Assumption	10.91m
10.82m FOUL 10.91m			
12 Kea Noko		Bishop Ryan	10.62m
9.59m 10.62m 9.79m			
13 Mike Green		Assumption	9.45m
9.45m 9.35m FOUL			
14 Spencer Book		Burlington Central	8.98m
8.98m 8.97m FOUL			
15 Liam Simpson		Brebeuf	7.73m
7.73m 7.69m 7.67m			

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Men Discus Throw Junior

Name	Year	School	Finals
1 Jonathan Reid		Garth Webb	40.48m
34.65m	FOUL	37.58m	39.04m 40.48m 37.22m
2 John Diberardo		Brebeuf	40.15m
32.51m	37.95m	36.61m	FOUL FOUL 40.15m
3 Daniel Rhynold		Acton	39.06m
29.25m	31.48m	31.50m	34.54m 31.97m 39.06m
4 Max Theune		Blakelock	38.08m
FOUL	FOUL	32.93m	29.76m FOUL 38.08m
5 Collin Fisher		Burlington Central	33.55m
33.09m	32.56m	33.55m	31.68m 29.78m 29.91m
6 Ben Ouellette		Notre Dame	33.40m
33.40m	28.81m	28.26m	FOUL 29.91m FOUL
7 Nathan Hopper		Burlington Central	32.09m
FOUL	FOUL	32.09m	21.84m FOUL 21.19m
8 Daniil Shesterinin		Bishop Reding	31.83m
31.68m	31.83m	FOUL	FOUL FOUL FOUL
9 Shea Bohi		Burlington Central	30.78m
30.78m	27.24m	28.13m	
10 Jack Dabic		Assumption	29.64m
FOUL	29.64m	FOUL	
11 Max Tusin		Assumption	27.85m
27.85m	FOUL	FOUL	
12 Jacob Sartor		Bishop Tonnos	27.32m
27.32m	FOUL	FOUL	
13 Nolan Wright		Bishop Tonnos	26.89m
26.89m	FOUL	FOUL	
14 Spencer Book		Burlington Central	26.68m
FOUL	26.68m	23.72m	
15 Joey Cornale		Bishop Tonnos	22.90m
22.90m	FOUL	FOUL	
16 Liam Simpson		Brebeuf	22.44m
FOUL	22.37m	22.44m	
17 Ryan Gallagher		Brebeuf	20.96m
FOUL	17.93m	20.96m	
18 Xavier Hannan		Burlington Central	20.70m
FOUL	16.09m	20.70m	

Men Javelin Throw Junior

Name	Year	School	Finals
1 Max Theune		Blakelock	42.90m
38.57m	37.40m	42.90m	FOUL 39.40m FOUL
2 Daniel Rhynold		Acton	38.98m
29.80m	38.98m	FOUL	32.80m 30.56m 35.55m
3 Ben Bacquain		Burlington Central	38.60m
34.07m	31.80m	32.70m	34.97m 38.60m 35.74m
4 Eric Bernhardt		Nelson	37.77m
25.88m	35.17m	34.35m	35.88m 30.62m 37.77m
5 Shea Bohi		Burlington Central	37.64m
32.74m	28.64m	32.27m	31.60m 32.80m 37.64m

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....Men Javelin Throw Junior

6 Jonathan Reid	Garth Webb	36.65m
33.24m FOUL FOUL FOUL	36.65m FOUL	
7 Cameron Madruga	Blakelock	35.91m
35.91m 33.40m 33.41m	FOUL 35.60m 33.85m	
8 Brian Palacios	Brebeuf	32.58m
28.81m 32.58m 31.00m	27.20m 28.85m FOUL	
9 Peter Dabic	Assumption	31.80m
23.00m 31.55m 31.80m		
10 Nolan Wright	Bishop Tonnos	31.44m
29.40m 31.44m FOUL		
11 Ben Lucier	Bishop Tonnos	30.54m
30.54m 23.88m 20.03m		
12 Darshin Patel	Nelson	30.28m
FOUL FOUL 30.28m		
13 Ryan Gallagher	Brebeuf	29.17m
29.17m 23.84m FOUL		
14 Shaun Moffatt	Brebeuf	28.14m
24.59m 27.62m 28.14m		
15 Matthew Bourque	Bishop Tonnos	24.46m
23.26m 23.68m 24.46m		
16 Jordan Brathwaite	Bishop Reding	21.02m
21.02m FOUL FOUL		
-- Michael Salamun	Bishop Reding	FOUL
FOUL FOUL FOUL		
-- Xavier Hannan	Burlington Central	FOUL
FOUL FOUL FOUL		

Men 100 Meter Dash Senior

16 Advance: Top 1 Each Heat plus Next 6 Best Times

Name	Year School	Prelims	H#
Preliminaries			
1 Brandon Tyrrell	Blakelock	11.21Q	9
2 Tyler Hopkins	Nelson	11.32Q	10
3 Nathan Egert	Nelson	11.45Q	7
4 Roland Dodoo	Aquinas	11.53Q	8
5 Bart Lopat	Bishop Reding	11.54Q	3
6 Andy Ihekwoaba	Cathedral	11.58Q	1 11.576
7 Jacob Marks	Notre Dame	11.58Q	5 11.577
8 Andy Park	Loyola	11.66Q	6
9 Kyle Kudlik	Kings Christian	11.72Q	4
10 Dondre Palma	Christ the King	11.73Q	2
11 Will Ellis	Holy Trinity	11.47q	9
12 Max Stewart	Oakville Trafalgar	11.69q	10
13 Tyrell Collins-Reid	St. Mary's	11.71q	3
14 Lotanna Obi	Kings Christian	11.82q	5
15 Kory Loi	White Oaks	11.91q	7
16 Teshawn Smikle	Bishop Reding	11.93q	1 11.922
17 Damarea Barrett	craig kielbu	11.93	9 11.923
18 Sam Lewis	Nelson	11.93	1 11.926
19 Devon Peters	Bishop Tonnos	11.95	6
20 Mitchell Phillips	St. Thomas More	11.97	5
21 Braedon Brown	Cathedral	12.00	8

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22	Tyler Kennedy	Bishop Tonnos	12.08	4	
23	Mike Brzell	Holy Trinity	12.14	1	12.134
24	Oje Ofulue	Loyola	12.14	8	12.137
25	Daniel Rooks	Aldershot	12.15	7	
26	Alex Vecchioni	Cardinal Newman	12.29	1	
27	Tafari Phillpotts-Deliss	St. Thomas More	12.31	9	
28	Jaylen Clarke	St. Thomas More	12.32	1	
29	Cameron Wright	Bishop Tonnos	12.35	5	
30	Aidan Challis	Blakelock	12.36	4	
31	Jamal Harvey	Cathedral	12.38	4	
32	Jermaine Bryan	Jean Vanier	12.39	1	
33	George Jeffrey	Blakelock	12.43	2	
34	Oshea Adams-Phillips	Kings Christian	12.45	8	12.447
35	Will Rieckelman	Aquinas	12.45	4	12.449
36	Collin Cameron	White Oaks	12.46	6	
37	Jorge Leitao	Cathedral	12.48	3	
38	Teshaun Maycock	craig kielbu	12.52	3	
39	Nalin Koppikar	White Oaks	12.61	4	
40	Michal Chorobik	Jean Vanier	12.69	6	12.683
41	Joevanne Bryan	Jean Vanier	12.69	7	12.690
42	Scott MacLellan	Bishop Ryan	12.72	5	12.715
43	Eric Hill	Cathedral	12.72	5	12.716
44	Jordan Pettyjohn	Loyola	12.80	10	
45	Jake Spence	Georgetown	12.82	3	
46	Michael Dolegiowski	Bishop Ryan	12.86	6	
47	Tony Mistak	White Oaks	12.95	3	
48	Cody Olson	Corpus Christi	13.05	3	
49	Jeremy Sobocan	Bishop Ryan	13.19	8	
50	Ahmad Ally	Garth Webb	13.22	5	
51	Hunter Theissen	Kings Christian	13.27	1	
52	Matt Boardman	Georgetown	13.28	10	
53	Kenny Nguyen	Loyola	13.34	9	
54	Iggy Doria	St. Thomas More	13.41	8	
55	Jaxon Bonds	Bishop Ryan	13.57	7	13.563
56	Andre Lawrence	Milton	13.57	9	13.570
57	Usama Awan	Abbey Park	13.63	9	
58	Eugene Mech	Oakville Trafalgar	13.67	4	
59	Kevin Mai	Loyola	13.71	5	
60	Fahad Navaid	Jean Vanier	13.94	10	
61	Wajih Khawaja	Abbey Park	14.05	2	
62	Jordan Clark	Georgetown	14.06	8	
63	Jason Kim	Loyola	14.19	2	
64	Kadeem Phillips	Holy Trinity	16.80	3	

Men 100 Meter Dash Senior

8 Advance: Top 3 Each Heat plus Next 2 Best Times

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=====
Name                      Year School                      Semis  H#
=====
Semi-Finals
1 Brandon Tyrrell         Blakelock                        11.14Q  2
2 Tyler Hopkins           Nelson                            11.19Q  1
3 Nathan Egert            Nelson                            11.42Q  1 11.411
4 Roland Dodoo            Aquinas                          11.42Q  2 11.412
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....Men 100 Meter Dash Senior

5	Max Stewart	Oakville Trafalgar	11.54Q	2	11.531
6	Andy Ihekwoaba	Cathedral	11.60Q	1	
7	Kyle Kudlik	Kings Christian	11.54q	2	11.540
8	Tyrell Collins-Reid	St. Mary's	11.57q	2	
9	Jacob Marks	Notre Dame	11.64	1	
10	Bart Lopat	Bishop Reding	11.70	2	
11	Andy Park	Loyola	11.80	2	
12	Lotanna Obi	Kings Christian	11.82	1	
13	Dondre Palma	Christ the King	11.89	1	
14	Kory Loi	White Oaks	12.09	1	
15	Teshawn Smikle	Bishop Reding	12.16	2	
16	Will Ellis	Holy Trinity	12.66	1	

Men 100 Meter Dash Senior

Name	Year	School	Finals
Finals			
1	Brandon Tyrrell	Blakelock	10.94
2	Roland Dodoo	Aquinas	11.01
3	Tyler Hopkins	Nelson	11.07
4	Nathan Egert	Nelson	11.20
5	Tyrell Collins-Reid	St. Mary's	11.30
6	Andy Ihekwoaba	Cathedral	11.50
7	Max Stewart	Oakville Trafalgar	11.50
8	Kyle Kudlik	Kings Christian	11.56

Men 200 Meter Dash Senior**16 Advance: Top 1 Each Heat plus Next 9 Best Times**

Name	Year	School	Prelims	H#
Preliminaries				
1	Khaleel Griffiths	Blakelock	23.55Q	3
2	Kyle Kudlik	Kings Christian	23.70Q	2
3	Brandon Tyrrell	Blakelock	23.90Q	4
4	Roland Dodoo	Aquinas	24.05Q	6
5	Nathan Egert	Nelson	24.09Q	5
6	Andy Ihekwoaba	Cathedral	24.59Q	1
7	Oshea Adams-Phillips	Kings Christian	25.09Q	7
8	Jacob Marks	Notre Dame	23.78q	2
9	Dondre Palma	Christ the King	23.87q	2
10	John Whaley	Loyola	23.94q	3
11	Max Stewart	Oakville Trafalgar	24.03q	4
12	Kory Loi	White Oaks	24.42q	6
13	Tyrell Collins-Reid	St. Mary's	24.64q	2
14	Davis Dolan	White Oaks	24.90q	1
15	Nalin Koppikar	White Oaks	24.92q	3
16	Oje Ofulue	Loyola	24.94q	4
17	Jorge Leitao	Cathedral	24.98	6
18	Teshawn Smikle	Bishop Reding	25.06	5 25.057
19	Jordan Pettyjohn	Loyola	25.06	2 25.060
20	Jordan Cartlidge	Cathedral	25.14	4
21	Damarea Barrett	craig kielbu	25.20	7

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....Men 200 Meter Dash Senior

22	Shamar Mensah	Cathedral	25.24	3
23	Kareem Collins	Cathedral	25.37	5
24	Oliver Ross	Georgetown	25.39	5
25	Joevanne Bryan	Jean Vanier	25.44	6
26	Jake Spence	Georgetown	25.46	7
27	Scott MacLellan	Bishop Ryan	25.64	1
28	Alex Vecchioni	Cardinal Newman	25.76	7 25.752
29	Keenan Pereira	Bishop Reding	25.76	2 25.760
30	Joel Matson	Abbey Park	25.78	3
31	Tyler Hipple	Abbey Park	26.03	1
32	Kevin Perera	St. Thomas More	26.53	4
33	Tony Mistak	White Oaks	26.74	5
34	Matt Ignaczak	Nelson	27.40	4
35	Adriano Grilli	St. Thomas More	27.41	6
36	Jaxon Bonds	Bishop Ryan	27.68	3
37	Eugene Mech	Oakville Trafalgar	28.25	1
38	Jordan Clark	Georgetown	28.82	3

Men 200 Meter Dash Senior

8 Advance: Top 3 Each Heat plus Next 2 Best Times

Name	Year	School	Semis	H#
Semi-Finals				
1	Brandon Tyrrell	Blakelock	23.18Q	1
2	Roland Dodoo	Aquinas	23.35Q	2
3	Nathan Egert	Nelson	23.38Q	2
4	Andy Ihekwoaba	Cathedral	23.67Q	1
5	Khaleel Griffiths	Blakelock	23.44Q	2
6	Kyle Kudlik	Kings Christian	24.06Q	1
7	Dondre Palma	Christ the King	23.78q	2
8	Tyrell Collins-Reid	St. Mary's	23.83q	2
9	Jacob Marks	Notre Dame	23.83	2
10	Max Stewart	Oakville Trafalgar	24.08	1
11	John Whaley	Loyola	24.35	1
12	Kory Loi	White Oaks	24.65	2
13	Oje Ofulue	Loyola	25.04	2
14	Oshea Adams-Phillips	Kings Christian	25.12	1
15	Davis Dolan	White Oaks	25.22	1
16	Nalin Koppikar	White Oaks	25.90	1

Men 200 Meter Dash Senior

Name	Year	School	Finals
Finals			
1	Brandon Tyrrell	Blakelock	23.05
2	Nathan Egert	Nelson	23.45
3	Roland Dodoo	Aquinas	23.49
4	Andy Ihekwoaba	Cathedral	23.68
5	Dondre Palma	Christ the King	23.96
6	Tyrell Collins-Reid	St. Mary's	24.09
7	Khaleel Griffiths	Blakelock	24.20
8	Kyle Kudlik	Kings Christian	24.45

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Men 400 Meter Dash Senior

Name	Year School	Finals	H#
1 Robert Heppenstall	St. Thomas More	49.98	4
2 Max Stewart	Oakville Trafalgar	51.79	1
3 Khaleel Griffiths	Blakelock	52.32	4
4 Ryan Korol	Notre Dame	52.66	4
5 Matt Knebel	Georgetown	54.09	3
6 Bart Lopat	Bishop Reding	54.50	4
7 Davis Dolan	White Oaks	55.23	1
8 Ben Wanless	Georgetown	55.99	3
9 Jordan Pettyjohn	Loyola	57.43	4
10 Keenan Pereira	Bishop Reding	58.19	3
11 Joel Matson	Abbey Park	58.33	1
12 Jordan Cartlidge	Cathedral	58.82	1
13 Arjin Boparai	Blakelock	59.29	3
14 Scott MacLellan	Bishop Ryan	59.33	1
15 Zac Miller	St. Thomas More	1:00.22	3
16 Cody Olson	Corpus Christi	1:01.09	1
17 Patrick Morrison	Kings Christian	1:02.04	2
18 Matt Ignaczak	Nelson	1:02.10	3
19 Andre Lawrence	Milton	1:02.16	3
20 Josh McCabe	Christ the King	1:02.60	2
21 Alex Peixe	Bishop Reding	1:03.52	2
22 William Bastedo	Pearson	1:04.84	1
23 Filipe Ribeiro	Assumption	1:05.08	2
24 Kenny Nguyen	Loyola	1:06.42	2
25 Matthew Cao	Iroquois Ridge	1:07.32	4
26 Fahad Navaid	Jean Vanier	1:08.00	2

Men 800 Meter Run Senior

Name	Year School	Finals	H#
1 Robert Heppenstall	St. Thomas More	1:55.46	2
2 Matt Knebel	Georgetown	1:59.16	2
3 Ryan Korol	Notre Dame	2:01.78	2
4 David Watson	Abbey Park	2:04.28	1
5 Michael Sault	Pearson	2:11.20	2
6 Ben Wanless	Georgetown	2:13.58	2
7 Adam Tweedle	Cardinal Newman	2:13.92	1
8 Eric Grimmick	Nelson	2:13.95	2
9 Sean McAnuff	Oakville Trafalgar	2:16.98	1
10 Kevin To	Bateman	2:18.24	2
11 Dante Bailey	Cathedral	2:18.59	1
12 Kyle Dennett	Blakelock	2:18.86	2
13 Steven Frketich	Cardinal Newman	2:19.35	1
14 Felson Dasilva	Cathedral	2:19.48	1
15 Alex Ball	Bateman	2:19.50	2
16 Luis Dorador	Aquinas	2:20.56	2
17 Zac Miller	St. Thomas More	2:20.86	2
18 Brendan Maher	Aquinas	2:21.86	2
19 Patrick Morrison	Kings Christian	2:21.98	1
20 Roberto Lasso	Oakville Trafalgar	2:23.58	1
21 Connor Hammon	Oakville Trafalgar	2:23.64	1

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22	Isiah Lemieux	Bishop Reding	2:34.12	2
23	Arbee Gancena	Bishop Reding	2:35.47	2
24	Oscar Ayala	Cathedral	2:43.47	1
25	Patrick Descartin	Bishop Reding	2:45.69	2
26	Mills Amaning	Corpus Christi	3:32.61	1

Men 1500 Meter Run Senior

Name	Year	School	Finals	H#
1	Ben Preisner	Bishop Reding	4:04.83	2
2	Nick Barnes	Burlington Central	4:16.74	2
3	Matt Knebel	Georgetown	4:17.82	2
4	Michael Sault	Pearson	4:33.16	2
5	Eric Grimmick	Nelson	4:36.89	2
6	Adrian Gimon	Notre Dame	4:39.49	2
7	Sean McAnuff	Oakville Trafalgar	4:40.15	1
8	Alexander Dos santos	White Oaks	4:40.39	1
9	Alex Ball	Bateman	4:42.46	2
10	Adam Tweedle	Cardinal Newman	4:47.48	1
11	Kyle Rooke	Assumption	4:47.93	1
12	Mitchell Barran	Blakelock	4:48.25	2
13	Kyle Dennett	Blakelock	4:51.65	2
14	Joshua Nardini	Cardinal Newman	4:51.83	1
15	Dante Bailey	Cathedral	4:51.94	2
16	Roberto Lasso	Oakville Trafalgar	4:55.61	1
17	Mark Stochl	Loyola	4:55.90	2
18	Connor Hammon	Oakville Trafalgar	5:01.32	1
19	Dalton Wilson	Bateman	5:04.52	2
20	Brandon Yep	Milton	5:06.13	2
21	Michael Barbieri	St. Thomas More	5:21.00	1
22	Tyler Marcantonio	Notre Dame	5:22.22	1
23	Michael Baldaro	Iroquois Ridge	5:28.61	1
24	Shams Siddiqi	White Oaks	5:28.78	1
25	Jeff Behr	Aldershot	5:38.52	1
26	Marsdin Davidson	craig kielbu	5:51.14	1
27	Luke Cho	Loyola	5:56.19	1

Men 3000 Meter Run Senior

Name	Year	School	Finals
1	Ben Preisner	Bishop Reding	8:45.93
2	Nick Barnes	Burlington Central	9:29.46
3	Alexander Dos santos	White Oaks	10:05.72
4	Mitchell Barran	Blakelock	10:07.90
5	Adrian Gimon	Notre Dame	10:17.49
6	Kyle Rooke	Assumption	10:19.62
7	Tyler Hipple	Abbey Park	11:12.37
8	Ben Enright	St. Mary's	11:31.57
9	Isiah Lemieux	Bishop Reding	11:35.52
10	Stephen Anderson	Bateman	11:38.34
11	Tyler Marcantonio	Notre Dame	11:42.20
12	Nicholas Lepore	St. Thomas More	11:42.61

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....Men 3000 Meter Run Senior

13 Michael Baldaro	Iroquois Ridge	11:46.00
14 Shams Siddiqi	White Oaks	12:16.84

Men 110 Meter Hurdles Senior

Name	Year School	Finals	H#
1 Thompson Clarke	Nelson	16.62	2
2 Kevin Perera	St. Thomas More	17.00	2
3 Andy Park	Loyola	17.23	2
4 Steven Stechly	Christ the King	18.26	2
5 Jacob Dudalski	St. Thomas More	18.99	2
6 Alex Peixe	Bishop Reding	20.02	2
7 Iggy Doria	St. Thomas More	20.09	2
8 Michael Dolegiowski	Bishop Ryan	20.21	1
9 Daniel Huynh	Iroquois Ridge	20.27	1
10 Juan Ordonez	Cathedral	21.35	1
11 Austin Paterson	Notre Dame	21.81	2
12 Jeremy Sobocan	Bishop Ryan	21.83	1
13 Manny DeJesus	Bishop Ryan	22.08	1

Men 400 Meter Hurdles Senior

Name	Year School	Finals	H#
1 Bart Lopat	Bishop Reding	1:01.77	2
2 David Watson	Abbey Park	1:03.24	2
3 Aidan Challis	Blakelock	1:04.84	2
4 Ben Wanless	Georgetown	1:07.42	2
5 Andy Park	Loyola	1:07.45	2
6 Alex Peixe	Bishop Reding	1:10.33	2
7 Kevin Langley	Georgetown	1:26.35	2

Men 4x100 Meter Relay Senior

School	Finals	H#
1 Nelson 'A'	43.76	3
2 Blakelock 'A'	44.40	3
3 Aquinas 'A'	45.49	3
4 Cathedral 'A'	45.59	3
5 Notre Dame 'A'	45.99	3
6 Cardinal Newman 'A'	46.13	2
7 Christ the King 'A'	46.36	1
8 White Oaks 'A'	46.41	3
9 St. Thomas More 'A'	47.74	3
10 Abbey Park 'A'	48.08	1
11 Holy Trinity 'A'	48.39	2
12 Bishop Ryan 'A'	48.84	2
13 Bishop Reding 'A'	48.87	3
14 Oakville Trafalgar 'A'	49.18	1
15 craig kielburger s s 'A'	49.57	2
16 Corpus Christi 'A'	51.75	2
-- Georgetown 'A'	DQ	2 Zone 2

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Men High Jump Senior

Name	Year	School	Finals
1 Jared Morrow		M. M. Robinson	1.85m
1.50 1.55 1.60 1.65 1.70 1.75 1.80 1.85 1.90			
P P P P P O O XO XXX			
2 Juac Auger		Brebeuf	1.80m
1.50 1.55 1.60 1.65 1.70 1.75 1.80 1.85			
P P O O O XO O XXX			
3 Shamar Mensah		Cathedral	1.65m
1.50 1.55 1.60 1.65 1.70 1.75			
P XXO XO XXO P XXX			
4 Connor Gour		Blakelock	1.60m
1.50 1.55 1.60 1.65			
O O O XXX			
5 Arjin Boparai		Blakelock	1.50m
1.50 1.55 1.60			
O P XXX			
-- Kareem Collins		Cathedral	NH
1.50 1.55			
P XXX			
-- Mike Brzell		Holy Trinity	NH
1.55			
X			

Men Long Jump Senior

Name	Year	School	Finals
1 Mitchell Phillips		St. Thomas More	6.13m
5.50m 5.62m 5.60m 5.44m 5.67m 6.13m			
2 Thompson Clarke		Nelson	6.08m
6.08m 5.86m 5.92m 5.75m 5.88m 5.74m			
3 Mike Brzell		Holy Trinity	5.76m
5.14m 5.23m 5.54m 5.26m 5.51m 5.76m			
4 Kory Loi		White Oaks	5.71m
5.30m 5.71m 5.21m 5.26m FOUL 5.64m			
5 Oliver Ross		Georgetown	5.56m
5.02m 5.46m FOUL 5.56m 5.53m 5.52m			
6 Chris Poletok		Abbey Park	5.51m
5.32m 4.90m 5.34m 4.93m 5.27m 5.51m			
7 Davis Dolan		White Oaks	5.44m
5.44m 5.30m PASS 5.25m 5.32m 5.32m			
8 Warren Lister		Iroquois Ridge	5.34m
5.34m FOUL 5.04m 4.71m 5.32m			
9 Darryl Jean		Loyola	5.29m
5.29m FOUL 5.23m			
10 Jeff McRae		Kings Christian	5.27m
5.27m FOUL 5.14m			
11 Damarea Barrett		craig kielbu	5.26m
FOUL 5.06m 5.26m			
12 Justin Connolly		Cardinal Newman	J5.26m
5.26m PASS PASS			
13 Nathan Egert		Nelson	5.24m
FOUL 5.24m PASS			

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....Men Long Jump Senior

14	Marco Ferriera	Cathedral	5.19m
	3.75m 5.04m 5.19m		
15	Nalin Koppikar	White Oaks	5.13m
	5.13m 4.99m FOUL		
16	Daniel Huynh	Iroquois Ridge	5.12m
	4.96m FOUL 5.12m		
17	Arjin Boparai	Blakelock	5.05m
	4.63m 5.05m PASS		
18	Jeffrey Lobo	Christ the King	5.04m
	5.04m 4.96m 4.99m		
19	Daniel Hughes	Iroquois Ridge	4.99m
	FOUL 4.96m 4.99m		
20	Romario Webley	Cathedral	4.98m
	4.98m PASS PASS		
21	Daniel Lasek	Brebeuf	4.80m
	4.80m FOUL FOUL		
22	Michael Dolegiowski	Bishop Ryan	4.66m
	4.66m PASS PASS		
23	Teshaun Maycock	craig kielbu	4.40m
	4.40m PASS		
24	Manny DeJesus	Bishop Ryan	4.37m
	4.37m PASS		
24	Mills Amaning	Corpus Christi	4.37m
	4.37m PASS PASS		
26	Jeremy Sobocan	Bishop Ryan	4.32m
	4.32m PASS		
27	Pedro Baraldi	Burlington Central	4.00m
	FOUL 4.00m FOUL		
28	Kevin Langley	Georgetown	3.98m
	3.98m FOUL PASS		
29	Marty Burwell	Georgetown	3.91m
	3.91m PASS PASS		
30	Jamar Adams-Thompson	Kings Christian	3.83m
	3.83m PASS		
31	Raymond Pao	Cardinal Newman	3.58m
	3.58m FOUL PASS		
32	Michael DiVincenzo	Christ the King	2.85m
	2.85m PASS PASS		
--	Michal Chorobik	Jean Vanier	FOUL
	FOUL FOUL PASS		
--	Matthew Cao	Iroquois Ridge	FOUL
	FOUL FOUL FOUL		
--	Owen Wheeler	White Oaks	FOUL
	FOUL FOUL FOUL		

Men Triple Jump Senior

=====						
Name	Year	School	Finals			
=====						
1	Mitchell	Phillips	St. Thomas	More	13.05m	
			12.18m	12.72m	13.05m	12.38m 12.50m 12.19m
2	Chris	Poletek	Abbey	Park	12.19m	
			10.96m	10.81m	FOUL	11.74m 12.19m 11.78m

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....Men Triple Jump Senior

3	Oliver Ross	Georgetown	12.10m
	12.10m 11.15m 11.59m 11.18m 11.49m 11.49m		
4	Owen Wheeler	White Oaks	11.89m
	11.69m 11.34m 11.83m 10.45m FOUL 11.89m		
5	Tony Mistak	White Oaks	11.55m
	10.78m 10.48m 11.00m 11.16m 11.11m 11.55m		
6	Daniel Hughes	Iroquois Ridge	11.01m
	FOUL 10.76m 10.76m 10.70m 10.90m 11.01m		
7	Matt Harris	Milton	10.96m
	FOUL FOUL 10.65m 10.96m 10.68m FOUL		
8	Jeff McRae	Kings Christian	10.50m
	10.50m FOUL 10.24m PASS PASS PASS		
9	Teshaun Maycock	craig kielbu	10.48m
	10.48m 10.04m 10.02m		
10	Marco Ferriera	Cathedral	10.43m
	9.35m 9.60m 10.43m		
11	Keenan Pereira	Bishop Reding	10.20m
	10.20m 9.67m 9.88m		
12	Jordan Clark	Georgetown	9.19m
	FOUL 9.19m 9.10m		
13	Andrew Hinds	Brebeuf	8.65m
	FOUL 8.36m 8.65m		

Men Shot Put Senior

Name	Year	School	Finals
1 Stephan Smith		Cathedral	14.07m
	13.99m 13.02m 13.79m 14.07m 13.95m 13.22m		
2 Reginald Hyacinthe		Holy Trinity	13.67m
	13.34m 13.67m FOUL 12.58m 12.82m FOUL		
3 Aleks Rapp		Christ the King	12.81m
	12.18m 12.51m 12.81m PASS 11.97m 12.50m		
4 Andrew Eskander		Nelson	12.74m
	11.22m 11.17m 10.96m 11.75m 12.74m 11.99m		
5 Chris Poletok		Abbey Park	12.18m
	11.30m FOUL 11.05m 11.95m FOUL 12.18m		
6 John Whaley		Loyola	12.14m
	PASS 11.67m 11.13m 12.14m 12.10m 12.07m		
7 Garrison Nichols		Bishop Ryan	11.60m
	11.60m FOUL 11.31m 10.61m 11.34m FOUL		
8 Adam Easter		Notre Dame	11.35m
	10.71m 11.35m 11.26m 9.38m 9.99m 11.20m		
9 Steven Stergiadis		craig kielbu	10.69m
	9.24m 10.69m 9.05m		
10 Luke Maclellan		Christ the King	10.68m
	10.21m 10.03m 10.68m		
11 Jake Spence		Georgetown	10.44m
	9.87m 9.81m 10.44m		
12 Brandon Eddie		Cardinal Newman	9.97m
	9.79m 9.97m 9.92m		
13 Jack Honda		Corpus Christi	9.86m
	9.86m 9.54m 9.03m		

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....Men Shot Put Senior

14	Hunter Theissen	Kings Christian	9.62m
	9.31m 8.39m 9.62m		
15	Caleb Crichlow	Blakelock	9.60m
	FOUL 9.60m FOUL		
16	Matt Boardman	Georgetown	9.46m
	9.23m 9.46m 9.40m		
17	Juac Auger	Brebeuf	8.96m
	8.96m 8.95m 8.66m		
18	Matt Gula	Cathedral	8.94m
	8.00m 8.94m 8.67m		
19	Chad Barrett	Brebeuf	8.44m
	7.14m 7.53m 8.44m		
20	Muhamed Khattab	Nelson	8.18m
	7.74m 7.67m 8.18m		
21	Isaak Mele	Nelson	8.00m
	8.00m 7.78m 6.48m		
22	Alfredo DeLuca	Brebeuf	7.93m
	7.93m 7.45m 7.72m		
23	Sean Irving	Jean Vanier	7.44m
	FOUL 7.44m 7.33m		
24	Matthew Cao	Iroquois Ridge	7.32m
	FOUL 7.04m 7.32m		
25	Kalesh Punniyamoorthy	craig kielbu	7.29m
	7.14m 7.29m 6.89m		

Men Discus Throw Senior

Name	Year	School	Finals
1 Aleks Rapp		Christ the King	40.70m
	34.65m	FOUL 35.83m	40.70m 35.93m FOUL
2 Matt Harris		Milton	33.79m
	31.83m	28.84m 32.99m	33.79m 28.05m 32.45m
3 Muhamed Khattab		Nelson	28.38m
	27.24m	28.38m 20.75m	26.57m FOUL FOUL
4 Andrew Eskander		Nelson	28.23m
	26.64m	24.76m 27.25m	27.86m 28.21m 28.23m
5 Daniel Hughes		Iroquois Ridge	28.22m
	FOUL	25.95m 26.11m	28.10m 28.22m 27.80m
6 Isaak Mele		Nelson	26.09m
	24.38m	26.09m 25.49m	FOUL FOUL 25.35m
7 Garrison Nichols		Bishop Ryan	23.47m
	22.78m	FOUL 23.47m	FOUL FOUL FOUL
8 Chad Barrett		Brebeuf	23.34m
	FOUL	21.15m 23.34m	
9 Alfredo DeLuca		Brebeuf	21.94m
	21.11m	21.74m 21.94m	
10 Adam Easter		Notre Dame	21.89m
	FOUL	FOUL 21.89m	
11 Pedro Baraldi		Burlington Central	17.82m
	12.05m	16.49m 17.82m	

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Men Javelin Throw Senior

Name	Year	School	Finals
1 Josef Birkes		Burlington Central	42.14m
	40.42m	FOUL 39.56m 39.20m 42.14m 42.07m	
2 Jacob DiCarlo		Holy Trinity	40.00m
	35.60m 38.46m 33.61m 32.05m 40.00m 39.90m		
3 Jared Morrow		M. M. Robinson	39.54m
	34.06m 37.85m 39.54m 34.33m 34.27m 38.05m		
4 Steven Stergiadis		craig kielbu	36.17m
	FOUL 30.60m 30.47m 31.39m 36.17m 32.94m		
5 Jestin Miller		Assumption	35.95m
	35.95m 32.15m 34.00m 30.70m FOUL 32.34m		
6 Grant Wingfield		Nelson	35.85m
	33.06m 35.85m 33.40m 35.24m 31.10m 27.00m		
7 Luke Maclellan		Christ the King	35.82m
	32.80m 32.42m 31.70m 29.56m FOUL 35.82m		
8 Oje Ofulue		Loyola	33.70m
	31.76m 32.00m 33.70m 31.49m 32.70m FOUL		
9 Aleks Rapp		Christ the King	30.20m
	11.17m FOUL 30.20m		
10 Marty Burwell		Georgetown	29.99m
	29.30m 29.99m 28.93m		
11 Juac Auger		Brebeuf	28.62m
	26.50m FOUL 28.62m		
12 Alfredo DeLuca		Brebeuf	28.25m
	24.54m 28.25m FOUL		
13 Andrew Eskander		Nelson	27.70m
	FOUL FOUL 27.70m		
14 Tyler Hipple		Abbey Park	26.90m
	26.90m 19.70m 23.40m		
15 Connor Gour		Blakelock	23.72m
	23.72m 23.24m 19.32m		
16 Justin Salvucci		St. Mary's	22.92m
	22.92m 21.00m FOUL		
17 Kalesh Punniyamoorthy		craig kielbu	22.90m
	19.00m FOUL 22.90m		
18 Kevin Langley		Georgetown	22.42m
	FOUL FOUL 22.42m		
19 Fahad Navaid		Jean Vanier	18.50m
	17.35m 18.50m 17.00m		
20 Michael DiVincenzo		Christ the King	18.35m
	17.60m 18.35m FOUL		
-- Ryan Garvey		Loyola	FOUL
	FOUL FOUL FOUL		

Men 2000 Meter Steeplechase Open

Name	Year	School	Finals	H#
1 Ben Preisner		Bishop Reding	6:03.89	1
2 David Watson		Abbey Park	6:59.62	1
3 Mark Stochl		Loyola	7:10.55	1
4 Alexander Dos santos		White Oaks	7:16.07	2
5 Mitchell Barran		Blakelock	7:17.23	1

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....Men 2000 Meter Steeplechase Open

6	Patrick Morrison	Kings Christian	7:50.09	2
7	Roberto Lasso	Oakville Trafalgar	7:52.50	2
8	Connor Hammon	Oakville Trafalgar	8:00.50	2
9	James Sinclair	St. Mary's	8:10.99	1
10	Jeremy Sousa	Cathedral	8:22.46	2
11	Kosta Karolidis	Kings Christian	8:23.66	1
12	Michael Baldaro	Iroquois Ridge	8:25.76	2
13	Brigham Moll	Burlington Central	8:47.35	1
14	Collin Cameron	White Oaks	8:55.55	2
15	Matthew Najda	Brebeuf	9:07.94	2
16	Oscar Ayala	Cathedral	9:08.20	1
17	James McLean	Oakville Trafalgar	9:48.51	2
18	Ethan Maclean	Assumption	9:52.10	1
19	Mohit Kepur	Oakville Trafalgar	9:54.96	2
20	Andrew Hinds	Brebeuf	10:10.68	1

Men 4x400 Meter Relay Open

School	Finals	H#
1 Notre Dame 'A'	3:42.38	2
2 St. Thomas More 'A'	3:44.36	2
3 Blakelock 'A'	3:47.91	1
4 Bishop Reding 'A'	3:48.00	2
5 Loyola 'A'	3:48.84	2
6 Oakville Trafalgar 'A'	3:59.48	2
7 White Oaks 'A'	4:02.06	1
8 Bishop Ryan 'A'	4:03.51	1
9 Bishop Tonnos 'A'	4:12.82	2
10 Brebeuf 'A'	4:15.24	2
11 Georgetown 'A'	4:19.57	2

Men 100 Meter Dash Ambulatory

Name	Year	School	Finals	H#
1 Nick Leduc		Brebeuf	15.59	2
2 Brady Renaud		Cathedral	15.81	2
3 Awali Omar		Cathedral	17.06	2
4 Michele Pugliese		Bishop Ryan	20.06	1
5 Ben Houston		Bishop Ryan	20.71	2
6 Lukasz Orzel		Bishop Ryan	22.26	2
7 Jeriko Avila		Bishop Ryan	23.00	1
8 Mark Ponekovic		Bishop Ryan	24.97	1
9 Konrad Zadlo		Bishop Ryan	25.29	2
10 Konrad Puzio		Cathedral	28.51	1
11 David Velasquez		Bishop Ryan	31.14	2